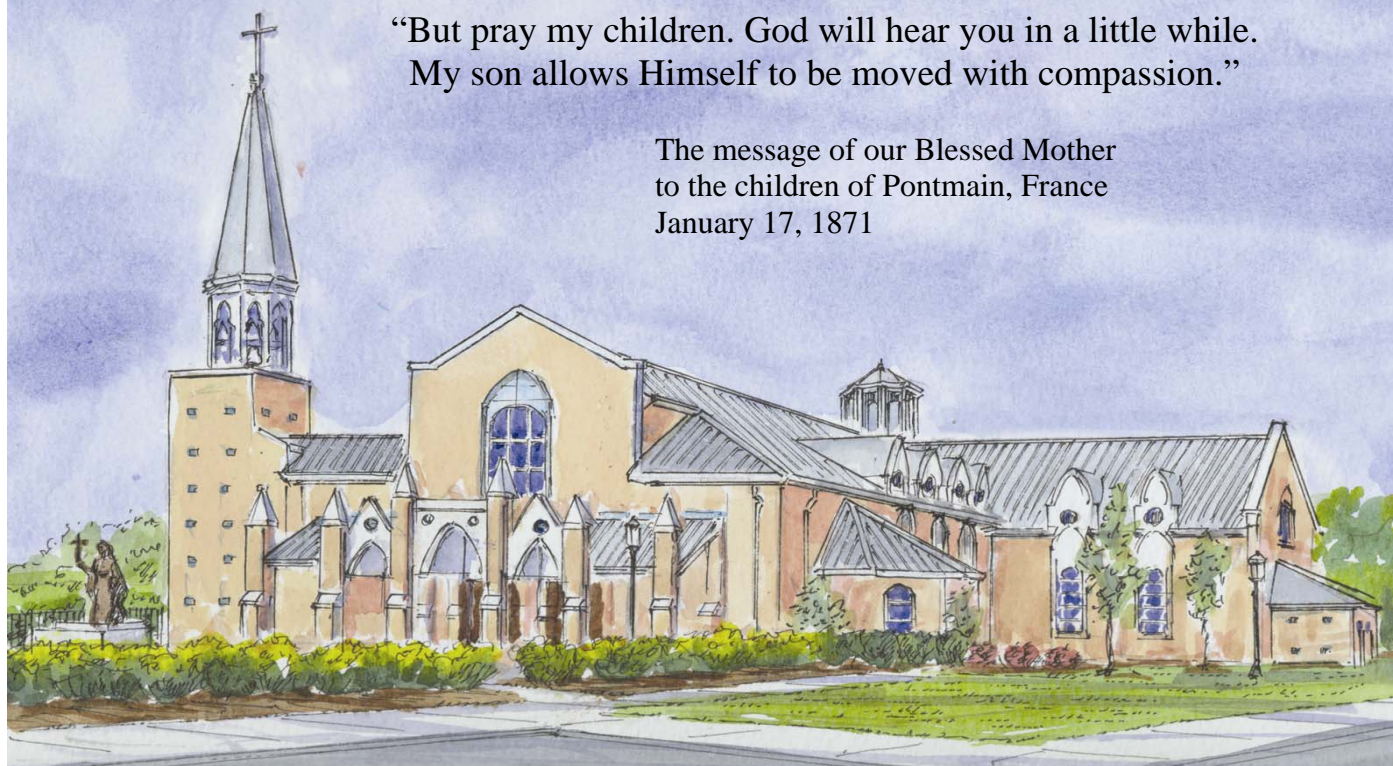


# Our Lady of Hope Catholic Church

“But pray my children. God will hear you in a little while.  
My son allows Himself to be moved with compassion.”

The message of our Blessed Mother  
to the children of Pontmain, France  
January 17, 1871



## Parish Staff

The Rev. William P. Saunders, Pastor  
The Rev. William B. Schierer, Parochial Vicar  
The Rev. Randolph W. Sly, Resident  
Cathy Plummer, Director of Religious Education  
Cathy Barshop, Religious Education & Youth  
Ministry Assistant  
Pat Sabas, Business Manager  
Ben Zumdahl, IT Manager  
Alfonso Pena, Facilities Supervisor  
Suzanne Yerks, Director of Music  
Andrew McGinley, Choir Director  
Nancy Burgess, Parish Secretary

## The Church & Parish Office

Address: 46639 Algonkian Parkway  
Potomac Falls, Virginia 20165  
Office Hours: 9:00 a.m. - 4:00 p.m.,  
Monday - Friday  
Telephone: 703-433-6770  
Website: [www.ourladyofhope.net](http://www.ourladyofhope.net)

## Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

## Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.  
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m. &  
5:00 p.m.

## Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.  
Saturday: 8:30 a.m.  
On Federal Holidays Mass is at 8:30 a.m. only.

## Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass, during the Thursday evening Holy Hour, and by appointment.

## Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:00 p.m.

## Holy Hour

Thursday evening from 7:00 – 8:00 p.m.

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## Our Lady of Hope Catholic School

Mary Beth Pittman, School Principal  
Angela Sus, Administrative Assistant  
Address: 46633 Algonkian Parkway  
Potomac Falls, Virginia 20165  
Telephone: 703-433-6760  
Website: [www.crusaders.ourladyofhope.net](http://www.crusaders.ourladyofhope.net)

**MASSSES OF THE WEEK**

**Sunday, December 2<sup>nd</sup>: 1<sup>st</sup> Sunday of Advent**

7:30 a.m. Special Intention by Laura Danbom  
 9:00 a.m. ☩ Al Schiessl by the Grasson Family  
 10:30 a.m. Living & Deceased Parishioners  
 12:15 p.m. Chris Melnick by Cathy Plummer

**Monday, December 3<sup>rd</sup>: St. Francis Xavier**

6:45 a.m. ☩ Mary Jane Clark by the Skojec Family  
 8:30 a.m. Megan Cordary by Mom, Dad & Denise  
 (Mass in Latin)

**Tuesday, December 4<sup>th</sup>: St. John Damascene**

6:45 a.m. ☩ Mary Jane Clark by Carla Smith  
 8:30 a.m. ☩ Andrea and Joann Quinn by the Thomas Family

**Wednesday, December 5<sup>th</sup>**

6:45 a.m. ☩ Poor Souls in Purgatory by the Skojec Family  
 8:30 a.m. ☩ Michael Westphal by Ward Jones

**Thursday, December 6<sup>th</sup>: St. Nicholas**

6:45 a.m. ☩ Poor Souls in Purgatory by Patty Rodgers  
 8:30 a.m. ☩ Paul Möller by Sabine Morson

**Friday, December 7<sup>th</sup>: St. Ambrose**

6:45 a.m. ☩ Frank Licord by the Pressler Family  
 8:30 a.m. Jason Sack by Connie Woods

**Friday, December 7<sup>th</sup>: Immaculate Conception – Vigil**

5:00 p.m. Special Intention  
 7:30 p.m. Living & Deceased Parishioners

**Saturday, December 8<sup>th</sup>: The Immaculate Conception of the Blessed Virgin Mary**

8:30 a.m. ☩ Rugasan & Longgong Jumat by Gerry & Teresa Jumat  
 5:00 p.m. ☩ Victorino Basco by the Orosa Family

**Sunday, December 9<sup>th</sup>: 2<sup>nd</sup> Sunday of Advent**

7:30 a.m. ☩ Theresa Zawalick by Larry Zawalick  
 9:00 a.m. ☩ William T. Brown, MD by the Lawson Family  
 10:30 a.m. Living & Deceased Parishioners  
 12:15 p.m. Dennis Kelleher by Cathy Plummer

**PARISH GROUP COORDINATORS**

<b>Altar Flowers:</b>	Jennifer McCabe	404-5580
<b>Altar Servers:</b>	Jeff Grado	477-9177
<b>Altar Society:</b>	Alfonso & Janeth Pena	406-9835
<b>American Heritage Girls:</b>		
	Heather Ward	571-331-4394
<b>Birthright:</b>	Marsha Slick	433-0034
<b>Boy Scouts:</b>	Gina DeCrisci-Farmer	406-2341
<b>CYO Sports:</b>	Ralph Peluso	729-3385
<b>Girl Scouts:</b>	Jennifer McCabe	404-5580
<b>Homeschoolers:</b>	Stacy Byrne	948-7845
<b>Knights of Columbus:</b>		
	John Jorgensen	282-3874
<b>Ladies of Hope:</b>	Marie Kennedy	433-0864
<b>Lectors:</b>	Paul Gilmore	444-2293
<b>Legion of Mary:</b>	Deborah Baird	430-8554
<b>Pro-Life:</b>	Bruce Gnatowski	433-5290
<b>St. Joseph's League:</b>		
	Mike & Vicki Egan	430-2651
<b>Seniors:</b>	Mary Ann Murphy	404-8677
<b>Ushers:</b>	John Grzechowiak	444-0023
<b>Young Adults:</b>	Megan White	843-685-5235

**Sacrament of Baptism**



Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes. Plan to attend the classes before the

birth of the child.

**What does it mean to be an active Catholic?**

Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.



**Holy Father's Prayer Intentions for December**

**General Intention:** That migrants throughout the world may be welcomed with generosity and authentic love, especially by Christian communities. **Missionary Intention:** Christ, light for all humanity. That Christ may reveal himself to all humanity with the light that shines forth from Bethlehem and is reflected in the face of his Church.

**Sacrament of Matrimony**

In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin. Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.



## Ask Your Pastor

Fr. Saunders

### “What are the ‘O Antiphons’ Recited in Advent as Part of the Liturgy of the Hours?”

The “O Antiphons” refer to

the seven antiphons that are recited (or chanted) preceding the Magnificat during Vespers of the Liturgy of the Hours. They cover the special period of Advent preparation known as the Octave before Christmas, December 17<sup>th</sup> to December 23<sup>rd</sup>, with December 24<sup>th</sup> being Christmas Eve and Vespers for that evening being for the Christmas Vigil.

The exact origin of the “O Antiphons” is not known. Boethius (c. 480-524) made a slight reference to them, thereby suggesting their presence at that time. At the Benedictine abbey of Fleury (now Saint-Benoit-sur-Loire), these antiphons were recited by the abbot and other abbey leaders in descending rank, and then a gift was given to each member of the community. By the eighth century, they were in use in the liturgical celebrations in Rome. The usage of the “O Antiphons” was so prevalent in monasteries that the phrases “Keep your O” and “The Great O Antiphons” were common parlance. One may thereby conclude that in some fashion the “O Antiphons” have been part of our liturgical tradition since the very early Church.

The importance of “O Antiphons” is twofold. Each one highlights a title for the Messiah: *O Sapientia* (O Wisdom), *O Adonai* (O Lord), *O Radix Jesse* (O Root of Jesse), *O Clavis David* (O Key of David), *O Oriens*, (O Rising Sun), *O Rex Gentium*, (O King of Nations), and *O Emmanuel*. Also, each one refers to the prophecy of Isaiah of the coming of the Messiah. Let’s now look at each antiphon with just a sample of Isaiah’s related prophecies... (*See Next Week for Part II*)

### Bible Study



Every Wednesday we have a Bible Study on The Acts of the Apostles, led by Fr. Randy Sly. Please meet in the parish hall at 7:30 p.m. and bring your Bible. The study is open to all adults. *\*\*Please note: Come as often as you can, but you are not required to attend every week.\*\**

### Please Pray For...

The full list of the sick and homebound of our parish has moved to our website, [www.ourladyofhope.net](http://www.ourladyofhope.net). Please use the “Parish” tab and then, “Please Pray For...” to view the full list. Please call the parish office to have a name added or removed. *Please pray for Christine Farmer.*

### 40<sup>th</sup> Annual March for Life – 2013

Save the date of January 25, 2013 and join us for the March for Life. Email Bruce Gnatowski at [Life@ourladyofhope.net](mailto:Life@ourladyofhope.net) to sign up for the free bus!

### Solemnity of the Immaculate Conception



Saturday, December 8<sup>th</sup> marks the Solemnity of the Immaculate Conception of the Blessed Virgin Mary, a Holy Day of Obligation. Masses will be offered on Friday, December 7<sup>th</sup> at 5 and 7:30 p.m. and on Saturday, December 8<sup>th</sup> at 8:30 a.m. The 5 p.m. Mass on Saturday, fulfills your obligation for the 2<sup>nd</sup> Sunday of Advent,

*not* for the Immaculate Conception, so please be sure to attend one of the Masses on Friday evening or Saturday morning. Please make the extra sacrifice to attend Mass in honor of our Blessed Mother, full of grace and conceived without original sin, who gave her life to be the Mother of our Savior.

### Donate Altar Flowers

Donations are now being accepted for altar flowers for 2013. Do you have a loved one, birthday or anniversary you would like remembered at Mass? Donating altar flowers is a lovely way to do this. Donations and intentions will be listed in the weekly bulletin. Altar flower donations are \$125 and all donations are tax deductible. For more information, please contact Jennifer McCabe at 703-404-5580 or [McCabeJK@aol.com](mailto:McCabeJK@aol.com). Forms are also available in the narthex.



### Holy Land Woodcarvers

After Mass this weekend, there will be a display of handmade olivewood carvings from the Holy Land in the parish hall. These carvings are made by the Christians of Bethlehem who use them as their source of income. You can support them by purchasing some of these beautiful carvings after Mass.

### Ladies of Hope Morning of Recollection-Dec. 8<sup>th</sup>!

The Ladies of Hope invite you to join them in the parish hall December 8<sup>th</sup> after the 8:30 a.m. Mass, for a Morning of Recollection, until noon. A continental breakfast will be served. Our guest speakers will be our Pastor, Reverend William P. Saunders and Olivia Gans Turner, pro-life advocate. A donation of \$10 is requested. Please bring a gift to donate to Birthright. To register or to obtain additional information, please contact Marie Kennedy at [dken5854@aol.com](mailto:dken5854@aol.com) or 703-433-0864. We hope you will give yourself the gift of joining us!



**RELIGIOUS EDUCATION**

703-433-6564

**THE RELIGIOUS EDUCATION OFFICE IS  
CLOSED ON FRIDAYS**

**Attention Young Adults!**

All young adults in their 20s and 30s are invited to join the Fiat Young Adults for great fellowship and fun at our monthly events. For more information, contact Megan at [FiatYoungAdults@gmail.com](mailto:FiatYoungAdults@gmail.com)

**Fall Book Study**—Join us in reading the book, Men, Women, and the Mystery of Love by Dr. Sri on Monday's, 7:30 p.m. at Our Lady of Hope.

**Young Adult Ski Retreat 2013**

Join Young Adults from around the diocese for a weekend of skiing and winter fun at Seven Springs Resort in Pennsylvania, **February 8-10!** Visit the following: <https://sites.google.com/site/stmarkya/home/ski-retreat>.

The **registration form** and **\$100 (non-refundable) deposit** are due by **December 5th**. Please see the registration form for details or visit [www.facebook.com/events/488675094498991](http://www.facebook.com/events/488675094498991). For more information, please contact Jenni Wilson or Angie Pometto at [YASkiTrip@gmail.com](mailto:YASkiTrip@gmail.com) or 703-938-5656. This event is sponsored by St. Mark and FIAT Young Adult Groups.

**Donut Sunday this Weekend!**

Join your fellow parishioners in the parish hall after the Sunday Masses for donuts and beverages, sponsored by the Ladies of Hope.

**Save the Date—"A Knight to Remember" April 27<sup>th</sup>**



Please save the date, Saturday, April 27, 2013 for the 8<sup>th</sup> Annual Our Lady of Hope Catholic School Dinner Auction Gala, "A Knight to Remember!" The event will be held at Belmont Country Club in Ashburn. If you would like to

advertise your business, sponsor, or make a donation to this event, please contact the Auction Committee at [auctioninfo@ourladyofhope.net](mailto:auctioninfo@ourladyofhope.net).

**Girl Scout Troop # 2407 Poinsettia Sale-Last Chance**



If you would like to order poinsettias, we are still taking orders by email or phone. Order pickup is the weekend of December 8/9 after Masses.

**SMALL** – \$ 5.00 4.5" pot, 1 plant/pot, 2-4 blooms

**LARGE** – \$10.00 7" pot, 2 plants/pot, 8-10 blooms

Email Order to: [ckrjames@gmail.com](mailto:ckrjames@gmail.com)

**Please make checks payable to Troop 2407**

Questions? Call Carol at 703-406-9225

**YOUTH MINISTRY**

703-433-6770

[Youth@ourladyofhope.net](mailto:Youth@ourladyofhope.net)

**Like us on Facebook – "OLOH Youth Group"**

**High School Youth**

(9<sup>th</sup> -12<sup>th</sup> Graders)

**Mother Teresa Mondays** - (meet in parking lot at 5:45 p.m.)

**December 3<sup>rd</sup>** – Falcon's Landing

**December 17<sup>th</sup>** – Sportsplex

**Tuesday Night Youth Group Meetings**

Tuesdays from 7:30-9 p.m. in the school gym!

**Junior High Youth Group Meeting**

All 7<sup>th</sup> and 8<sup>th</sup> graders are encouraged to attend the next Junior High Youth Group meeting on Sunday, December 2<sup>nd</sup> in the school gym. We will meet from 6:30-8 p.m.

**Knights of Columbus**



**Keep Christ in Christmas**

Please support the "Keep Christ in Christmas Campaign" and purchase your cards at the sales table located in the narthex.

**Annual Toy Drive**

The Knights of Columbus is having their annual Toy Drive thru December 16<sup>th</sup>. Toys must be unwrapped and may be dropped off in our bin in the Narthex. Please help us make our goal of **750** toys for children in need."



**Gift Shop News**

Advent begins this Sunday. The gift shop is offering our Annual Parish Ornament of the Holy Family and the 2012 White House Ornament! The shop is well stocked for Advent. We have Advent Calendars, candles, and wreaths, as well as some lovely Advent meditation books. You might even find that perfect Christmas gift! You can shop after the weekend Masses.



**World Mission Sunday 2012 Collection**



**MISSION SUNDAY**

Thank you for your generosity on World Mission Sunday. Our parish offered \$2,628.20 to the Propagation of the Faith for the missionary work of the Church. This is really a blessing for the Missions! Please continue to pray for the missionaries. We are surely in their prayers.