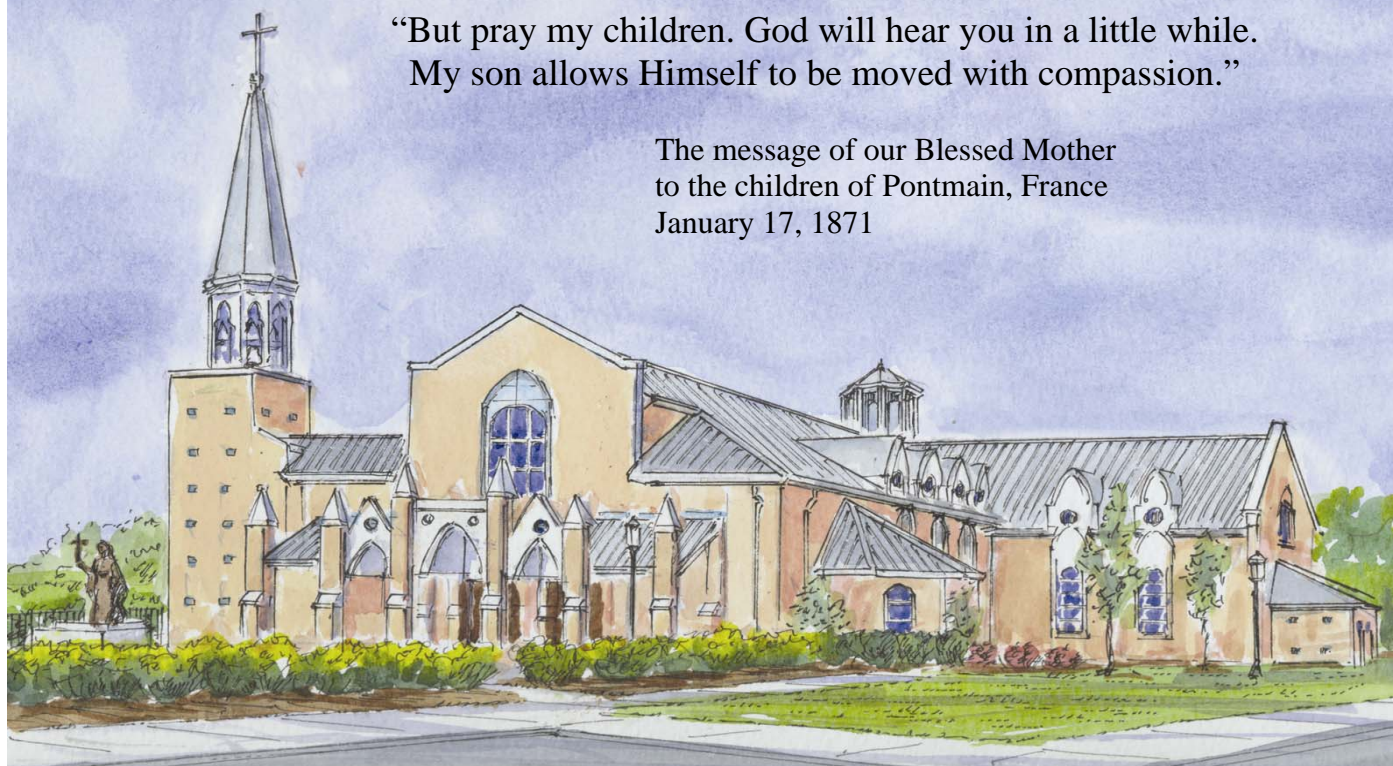


Our Lady of Hope Catholic Church

“But pray my children. God will hear you in a little while.
My son allows Himself to be moved with compassion.”

The message of our Blessed Mother
to the children of Pontmain, France
January 17, 1871



Parish Staff

The Rev. William P. Saunders, Pastor
The Rev. William B. Schierer, Parochial Vicar
The Rev. Randolph W. Sly, Resident
Cathy Plummer, Director of Religious Education
Cathy Barshop, Religious Education & Youth
Ministry Assistant
Pat Sabas, Business Manager
Ben Zumdahl, Director of Technology
Alfonso Pena, Facilities Supervisor
Suzanne Yerks, Director of Music
Nancy Burgess, Parish Secretary

The Church & Parish Office

Address: 46639 Algonkian Parkway
Potomac Falls, Virginia 20165
Office Hours: 9:00 a.m. - 4:00 p.m.,
Monday - Friday
Telephone: 703-433-6770
Website: www.ourladyofhope.net

Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m. &
5:00 p.m.

Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.
Saturday: 8:30 a.m.
On Federal Holidays Mass is at 8:30 a.m. only.

Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass, during the Thursday evening Holy Hour, and by appointment.

Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:00 p.m.

Holy Hour

Thursday evening from 7:00 – 8:00 p.m.

Our Lady of Hope Catholic School

Mary Beth Pittman, School Principal
Angela Sus, Administrative Assistant
Address: 46633 Algonkian Parkway
Potomac Falls, Virginia 20165
Telephone: 703-433-6760
Website: www.crusaders.ourladyofhope.net

MASSES OF THE WEEK

Sunday, February 17th: 1st Sunday of Lent

7:30 a.m. ☩ Rose Grasson by Will & Sandy Sardelli
 9:00 a.m. Lois Day by the Bible Study Group
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Domenica McQueen by David & Sherrie Fuller

Monday, February 18th

8:30 a.m. Lois Day by Cheryl Forbes

Tuesday, February 19th

6:45 a.m. John Grzechowiak by the R. E. Office
 8:30 a.m. ☩ Poor Souls in Purgatory by Patty Rodgers

Wednesday, February 20th

6:45 a.m. ☩ Capt. Bob Gibson by the Tatusko Family
 8:30 a.m. Christine Wilson by the Long Family

Thursday, February 21st: St. Peter Damian

6:45 a.m. Katie Burgess by the 2012 Confirmation Class
 8:30 a.m. ☩ Mary Jane Van Geiss by the Jeffrey Family

Friday, February 22nd: The Chair of St. Peter

6:45 a.m. ☩ Ann Fitch by Helen Hall
 8:30 a.m. ☩ Gerald Trausch by the Long Family

Saturday, February 23rd: St. Polycarp

8:30 a.m. Dona Grado by the R.E. Office
 5:00 p.m. ☩ Lillian Hennessy by Joe & Barbara Orandello

Sunday, February 24th: 2nd Sunday of Lent

7:30 a.m. ☩ Jack Kern by Dan & Kathy Hughes
 9:00 a.m. Robert Waning by the Perkins Family
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Jack Ford by the Lawson Family

PARISH GROUP COORDINATORS

Altar Flowers:	Jennifer McCabe	404-5580
Altar Servers:	Jeff Grado	477-9177
Altar Society:	Alfonso & Janeth Pena	406-9835
American Heritage Girls:		
	Heather Ward	571-331-4394
Birthright:	Marsha Slick	433-0034
Boy Scouts:	Gina DeCrisci-Farmer	406-2341
CYO Sports:	Ralph Peluso	729-3385
Girl Scouts:	Jennifer McCabe	404-5580
Homeschoolers:	Stacy Byrne	948-7845
Knights of Columbus:		
	John Jorgensen	282-3874
Ladies of Hope:	Marie Kennedy	433-0864
Lectors:	Paul Gilmore	444-2293
Legion of Mary:	Deborah Baird	430-8554
Pro-Life:	Bruce Gnatowski	433-5290
St. Joseph's League:		
	Mike & Vicki Egan	430-2651
Seniors:	Mary Ann Murphy	404-8677
Ushers:	John Grzechowiak	444-0023
Young Adults:	Megan White	843-685-5235

Sacrament of Baptism



Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes.

Plan to attend the classes before the birth of the child.

Holy Father's Prayer Intentions for February



Migrant Families: That migrant families, especially the mothers, may be supported and accompanied in their difficulties. **Peace:** That the peoples at war and in conflict may lead the way in building a peaceful future.

Sacrament of Matrimony

In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin. Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.



What does it mean to be an active Catholic?

Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.





Ask Your Pastor

Fr. Saunders

“What are the origins of Lent? Did the Church always have this time before Easter?” (Part I)

Lent is a special time of prayer, penance,

sacrifice and good works in preparation of the celebration of Easter. In the desire to renew the liturgical practices of the Church, *The Constitution on the Sacred Liturgy* of Vatican Council II stated, “The two elements which are especially characteristic of Lent -- the recalling of baptism or the preparation for it, and penance -- should be given greater emphasis in the liturgy and in liturgical catechesis. It is by means of them that the Church prepares the faithful for the celebration of Easter, while they hear God's word more frequently and devote more time to prayer” (no. 109). The word *Lent* itself is derived from the Anglo-Saxon words *lencten*, meaning “Spring,” and *lenctentid*, which literally means not only “Springtide” but also was the word for “March,” the month in which the majority of Lent falls.

Since the earliest times of the Church, there is evidence of some kind of Lenten preparation for Easter. For instance, St. Irenaeus (d. 203) wrote to Pope St. Victor I, commenting on the celebration of Easter and the differences between practices in the East and the West: “The dispute is not only about the day, but also about the actual character of the fast. Some think that they ought to fast for one day, some for two, others for still more; some make their ‘day’ last 40 hours on end. Such variation in the observance did not originate in our own day, but very much earlier, in the time of our forefathers” (Eusebius, *History of the Church*, V, 24). When Rufinus translated this passage from Greek into Latin, the punctuation made between “40” and “hours” made the meaning to appear to be “40 days, twenty-four hours a day.” The importance of the passage, nevertheless, remains that since the time of “our forefathers”-- always an expression for the apostles - - a 40-day period of Lenten preparation existed. However, the actual practices and duration of Lent were still not homogenous throughout the Church. (Next week, Part II)

Knights of Columbus

Ultrasound Collection Update

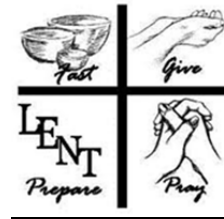
The Knights of Columbus raised enough money from the six participating parishes and the Supreme Council's matching funds to purchase three ultrasound machines. Thank you for your generosity and support of the unborn.



President's Day

The parish office will be closed on Monday, February 18, 2013 in observance of President's Day.

There will be no public 6:45 a.m. Mass.



Stations of the Cross will be offered each Friday during Lent at 2:15 and 7:30 p.m. in the Church. Take time to participate in this venerable tradition of the Church and meditate on our Lord's sacrifice for our sins.

Confessions will be heard every Wednesday evening during Lent from 6:30-8 p.m., on Thursdays, from 7-8 p.m., during the Holy Hour and on Saturday mornings after the 8:30 a.m. Mass. **The Light is on for You.**

Adoration of the Blessed Sacrament

All through Lent, we will offer Adoration from after the Thursday, 8:30 a.m. Mass throughout the day and into the evening, ending at 6:45 a.m. on Friday. A Holy Hour will be offered and Confessions will be heard from 7-8 p.m. on Thursday evening. Adorers are needed, especially men, to fill the late night, early morning hours! Please sign up in the narthex.

Regulations for Fasting and Abstinence are as follows: Ash Wednesday and Good Friday are days of penance observed by both fasting (only one full meal during the day) and abstinence from meat. All other Fridays during Lent are days of abstinence; we forgo the eating of meat to make ourselves conscious of our Lord's sacrifice of Himself for our sins. The law of fasting is binding for those who are 18 years old but not yet 60; the law of abstinence is binding for those 14 years of age and older.

Eucharistic Adoration – Adorers Needed!

Thursday 9 a.m. – Friday 6:45 a.m.



Thank you to all adorers who visit with our Lord. Your dedication is most appreciated. However, Eucharistic Adoration still has a need for scheduled adorers, especially during Lent when Adoration continues throughout the night.

Some slots have opened up due to adorers moving out of state, snow birds, etc. Please prayerfully consider scheduling an hour with our Lord. Sign-up sheets are on the Adoration Table in the narthex.

Marriage Help

Is your marriage in trouble? Retrouvaille can help; please visit www.HelpOurMarriage.com or call 703-351-7211.

RELIGIOUS EDUCATION

703-433-6564

**THE RELIGIOUS EDUCATION OFFICE IS
CLOSED ON FRIDAYS**

Winter Calendar Highlights

February 26th & 27th: First Penance and Lenten
Confessions

March 5th & 6th: Confirmation Pre-Test

**The Weather Outside is Frightful!**

When Loudoun County Schools close because of inclement weather, the 6:45 a.m. Mass will be cancelled. Call the parish office recording (703-433-6770) for the status of the 8:30 a.m. Mass.

Young Adults

Winter Book Study – Join us on Mondays from 7:30-8:30 p.m. in the St. Elizabeth Ann Seton Room for our Book Study. We are currently reading, The Lamb's Supper, by Scott Hahn.

Join us on Facebook to receive all the latest event invitations! www.facebook.com/groups/flatyoungadults/

President's Day trip to Mt. Vernon – February 18th

If you're lucky enough to have President's day off, spend it with the Fiat young adults at Mt. Vernon. Enjoy free admission and arts and crafts in honor of President George Washington's birthday. For more details, visit: www.facebook.com/events/325324984254746/

Please Pray For...

The full list of the sick and homebound of our parish is on our website, www.ourladyofhope.net. Please call the parish office to have a name added or removed *Please pray for Joanna Buckley.*

Are You in Need of Catholic News?

Included in your set of February envelopes is one for The Arlington Catholic HERALD, our diocesan newspaper. All parishioners may make a contribution of \$22 or more using their envelope to receive (or renew) the Herald. This collection also helps defray the \$14,000 assessment to the parish by the Diocese for the HERALD. Please make checks payable to **"OUR LADY OF HOPE"** and the subscriptions will be forwarded to the Diocese.

Call to Vocations

"The word is near you, on your lips and in your heart." Jesus the Eternal Word continues to call many to lives of holiness as priests, deacons and in the consecrated life. Could you be one of them? Contact Fr. Brian Bashista at (703) 841-2514, or b.bashista@arlingtondiocese.org, or call Fr. Saunders, Fr. Schierer or Fr. Sly.

YOUTH MINISTRY

703-433-6770

Youth@ourladyofhope.net

Like us on Facebook – "OLOH Youth Group"

High School Youth(9th -12th Graders)

Mother Teresa Mondays - (meet in parking lot at 5:45 p.m.)

February 18th – Sportsplex

March 4th – Falcon's Landing

Ski Trip!

March 2nd – 8 a.m.-9:30 p.m. at Whitetail Ski Resort Meet at Our Lady of Hope and carpool to Whitetail for a day full of skiing/snowboarding. The cost is \$74/person for all-day lift tickets, ski/snowboard rental, and lessons (if desired). Invite your friends and make some new ones! Please turn in permission forms and payment to Fr. Schierer or the parish office

Tuesday Night Youth Group Meetings

Tuesdays from 7:30-9 p.m. in the school gym!

WorkCamp Meeting – February 23rd

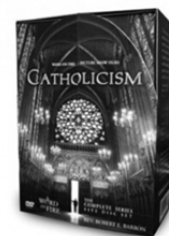
Meet for Mass at 8:30 a.m. and then proceed to the parish hall.

Junior High Youth Group

Our next meeting is this Sunday, February 24th from 6:30-8 p.m. in the school gym.

"Catholicism"

The popular DVD series will be shown in the parish hall on Wednesdays at 7:30 p.m. starting February 20th. The Ladies of Hope invite you to join your fellow parishioners in learning more about your faith through this incredible series.



Father Robert Barron is the creator and host of the series. We will explore art, architecture, literature, music, and history to better understand our Catholic faith and heritage. No tests! No questions! No reservations needed! It is something you don't want to miss!

Learn Natural Family Planning (NFP)

The Couple-to-Couple League offers NFP classes throughout Northern Virginia. Classes consist of three, 3-hour sessions spaced one month apart. Total cost for course and materials is \$160 per couple (Spanish courses are \$55). For more information or to see upcoming classes, visit www.nfpvirginia.com. For virtual classes, visit <http://register.ccli.org/virtual>.