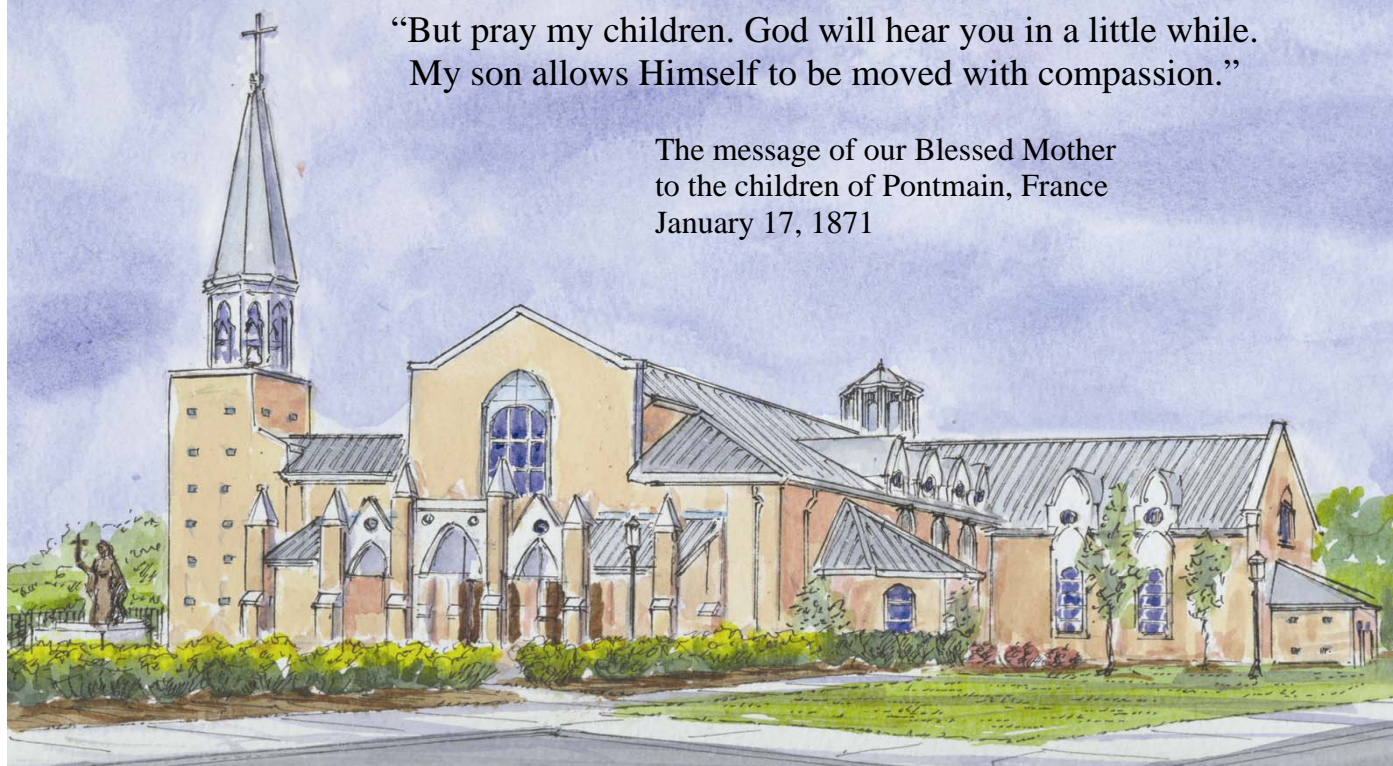


Our Lady of Hope Catholic Church

“But pray my children. God will hear you in a little while.
My son allows Himself to be moved with compassion.”

The message of our Blessed Mother
to the children of Pontmain, France
January 17, 1871



Parish Staff

The Rev. William P. Saunders, Pastor
The Rev. William B. Schierer, Parochial Vicar
The Rev. Randolph W. Sly, Resident
Cathy Plummer, Director of Religious Education
Cathy Barshop, Religious Education & Youth
Ministry Assistant
Pat Sabas, Business Manager
Ben Zumdahl, Director of Technology
Alfonso Pena, Facilities Supervisor
Suzanne Yerks, Director of Music
Nancy Burgess, Parish Secretary

The Church & Parish Office

Address: 46639 Algonkian Parkway
Potomac Falls, Virginia 20165
Office Hours: 9:00 a.m. - 4:00 p.m.,
Monday - Friday
Telephone: 703-433-6770
Website: www.ourladyofhope.net

Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m. &
5:00 p.m.

Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.
Saturday: 8:30 a.m.
On Federal Holidays Mass is at 8:30 a.m. only.

Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass, during the Thursday evening Holy Hour, and by appointment.

Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:00 p.m.

Holy Hour

Thursday evening from 7:00 – 8:00 p.m.

Our Lady of Hope Catholic School

Mary Beth Pittman, School Principal
Angela Sus, Administrative Assistant
Address: 46633 Algonkian Parkway
Potomac Falls, Virginia 20165
Telephone: 703-433-6760
Website: www.crusaders.ourladyofhope.net

MASSES OF THE WEEK

Sunday, March 10th: Laetare Sunday

7:30 a.m. ☩ Pia Lyzinski by Larry Zawalick
 9:00 a.m. ☩ John Ford by the Our Lady of Hope Lectors
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ T-Sol Johnson by Andrew Groelinger

Monday, March 11th

6:45 a.m. ☩ Caroline J. Ramirez by the co-workers of David Rizzo
 8:30 a.m. Kathy Sullivan by the 2012 Confirmation Class (Mass in Latin)

Tuesday, March 12th

6:45 a.m. ☩ James McGill by the Hanlon Family
 8:30 a.m. Trish Gilmore by the R. E. Office

Wednesday, March 13th

6:45 a.m. Kim Sanborn by Chelie Billingsley
 8:30 a.m. ☩ Dolores Navarro by Gerry & Teresa Jumat

Thursday, March 14th

6:45 a.m. Andrew Woods by Cathy Plummer
 8:30 a.m. ☩ Muriel & Larry Howe by Denise Howe

Friday, March 15th

6:45 a.m. Jackie Regan by the R.E. Office
 8:30 a.m. ☩ Jack Ford by Our Lady of Hope Catholic School

Saturday, March 16th

8:30 a.m. Suzie Gauthier by Chelie Billingsley
 5:00 p.m. ☩ Cecilia Sullivan by Gerald Sullivan

Sunday, March 17th: 5th Sunday of Lent

7:30 a.m. ☩ Howard Doescher by Carolyn Doescher
 9:00 a.m. ☩ Annie Hermina Yohe
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Jose Rominger by Tom & Trish Daquano

PARISH GROUP COORDINATORS

Altar Flowers:	Jennifer McCabe	404-5580
Altar Servers:	Jeff Grado	477-9177
Altar Society:	Alfonso & Janeth Pena	406-9835
American Heritage Girls:		
	Heather Ward	571-331-4394
Birthright:	Marsha Slick	433-0034
Boy Scouts:	Gina DeCrisci-Farmer	406-2341
CYO Sports:	Ralph Peluso	729-3385
Girl Scouts:	Jennifer McCabe	404-5580
Homeschoolers:	Stacy Byrne	948-7845
Knights of Columbus:		
	John Jorgensen	282-3874
Ladies of Hope:	Marie Kennedy	433-0864
Lectors:	Paul Gilmore	444-2293
Legion of Mary:	Deborah Baird	430-8554
Pro-Life:	Bruce Gnatowski	433-5290
St. Joseph's League:		
	Mike & Vicki Egan	430-2651
Seniors:	Mary Ann Murphy	404-8677
Ushers:	John Grzechowiak	444-0023
Young Adults:	Megan White	843-685-5235

Sacrament of Baptism



Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes.

Plan to attend the classes before the birth of the child.

What does it mean to be an active Catholic?

Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.



Prayer Intentions for March

Respect for Nature: That respect for nature may grow with the awareness that all creation is God's work entrusted to human responsibility.

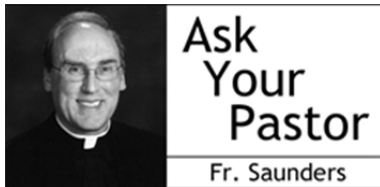
Clergy: That bishops, priests, and deacons may be tireless messengers of the Gospel to the ends of the earth.



Sacrament of Matrimony

In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin. Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.





“One of the devotions in our parish every Lent is the Stations of the Cross. Could you please tell me the origins of this devotion?”

Since Lent is a penitential season of preparation for Easter, the Stations of the Cross, which follow the path of Christ from Pontius Pilate's praetorium to Christ's tomb have been a popular devotion in parishes. In the 16th century, this pathway was officially entitled the “Via Dolorosa” (Sorrowful Way) or simply Way of the Cross or Stations of the Cross.

This devotion has evolved over time. Tradition holds that our Blessed Mother visited daily the scenes of our Lord's passion. After Constantine legalized Christianity in the year 312, this pathway was marked with its important stations. St. Jerome (342- 420), living in Bethlehem during the later part of his life, attested to the crowds of pilgrims from various countries who visited those holy places and followed the Way of the Cross.

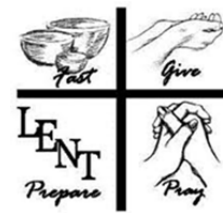
Interestingly, St. Sylvia, in her “Peregrination ad loca sancta” (380), in which she described in great detail various religious practices, did not mention a particular practice or set of prayers for following the stations; however, this omission does not entail that pilgrims did not in fact follow the Way of the Cross.

Actually, the devotion continued to grow in popularity. In the fifth century, an interest developed in the Church to “reproduce” the holy places in other areas so pilgrims who could not actually travel to the Holy Land could do so in a devotional, spiritual way in their hearts. For instance, St. Petronius, Bishop of Bologna, constructed a group of chapels at the monastery of San Stefano, which depicted the more important shrines of the Holy Land, including several of the stations. (The same notion inspired the building of the Franciscan Monastery in Washington, where one can visit and see reproductions of the Bethlehem Chapel, the tomb of our Lord, and other important shrines of the Holy Land.)

In 1342, the Franciscans were appointed as guardians of the shrines of the Holy Land. The faithful received indulgences for praying at the following stations: At Pilate's house, where Christ met His mother, where He spoke to the women, where He met Simon of Cyrene, where the soldiers stripped Him of His garments, where He was nailed to the cross, and at His tomb. (*Part II next week*)

Second Collection

The collection for the Church in Eastern Europe was \$4,251.10. *Thank you for your generosity and support.*



Stations of the Cross will be offered each Friday during Lent at 2:15 and 7:30 p.m. in the Church. Take time to participate in this venerable tradition of the Church and meditate on our Lord's sacrifice for our sins.

Confessions will be heard every Wednesday evening during Lent from 6:30-8 p.m., on Thursdays, from 7-8 p.m., during the Holy Hour and on Saturday mornings after the 8:30 a.m. Mass. **The Light is on for You.**

Adoration of the Blessed Sacrament

All through Lent, we will offer Adoration from after the Thursday, 8:30 a.m. Mass throughout the day and into the evening, ending at 6:45 a.m. on Friday. A Holy Hour will be offered and Confessions will be heard from 7-8 p.m. on Thursday evening. Adorers are needed, especially men, to fill the late night, early morning hours! Please sign up in the narthex.

Regulations for Fasting and Abstinence are as follows: Ash Wednesday and Good Friday are days of penance observed by both fasting (only one full meal during the day) and abstinence from meat. All other Fridays during Lent are days of abstinence; we forgo the eating of meat to make ourselves conscious of our Lord's sacrifice of Himself for our sins. The law of fasting is binding for those who are 18 years old but not yet 60; the law of abstinence is binding for those 14 years of age and older.

St. Joseph's Feast Day Celebration



The Ladies of Hope invite you to join them for their annual St. Joseph's Day celebration on Tuesday, March 19, 2013. We will begin our evening in the Church at 7:30 p.m. with Vespers and Benediction, followed by a St. Joseph's Day celebration in the parish hall. Please consider joining us to honor our dear St. Joseph. Contact Marie Kennedy at 703-433-0864 for additional information.

Please Pray For...

The full list of the sick and homebound of our parish is on our website, www.ourladyofhope.net. Please call the parish office to have a name added or removed.

RELIGIOUS EDUCATION

703-433-6564

**THE RELIGIOUS EDUCATION OFFICE IS
CLOSED ON FRIDAYS**

Winter Calendar Highlights

March 26, 27	No RE Classes
April 27	Confirmation Exam – 9 a.m., parish hall
April 28	Confirmation Parents' Meeting (current 7th graders)
May 4	First Communion Retreat
May 16	First Communion Rehearsal – 5:30 p.m.
May 18	First Communion Liturgy – 11:00 a.m.

Young Adults

Join us on Facebook to receive all the latest event invitations! www.facebook.com/groups/fiatyoungadults/

Support Our Youth Ministry!

All Saints Church in Manassas has invited us to participate in their 5-car raffle again this year. Prizes include five 2013 vehicles (Honda CR-Z, Honda Accord, GMC Sierra Truck, Honda CRV sport utility and Honda Odyssey Van). One \$5.00 ticket offers the purchaser a chance to win all five vehicles plus \$20,000 in cash prizes. This is a fundraiser to benefit teens from our parish who are attending WorkCamp this summer. Tickets have been mailed to parish families. Tickets will also be available for sale after Masses this weekend.

Book Club

Our current selection is, Citadel of God: A Novel about Saint Benedict, by Louis de Wohl. We invite all interested men and women of the parish to read the book, and join us for a discussion in the St. Elizabeth Ann Seton Room on Tuesday, March 19th at 7:00 p.m. For more information please contact Grace Jeglum at 703-404-0997 or gjeglum@gmail.com. *You can purchase the book in the gift shop.*

“Catholicism”

The popular DVD series will be shown in the parish hall on Wednesdays at 7:30 p.m. The Ladies of Hope invite you to join your fellow parishioners in learning more about your faith through this incredible series.

Our Lady of Hope Spring Track

Our Lady of Hope Spring Track -- Our Lady of Hope Spring Track and Field will begin practice Sunday, March 17th at 2 p.m. on the Potomac Falls High School track. All K through 8th graders enrolled in Our Lady of Hope School or CCD programs are eligible to participate. Anyone interested, be at the track before 2 p.m. on March 17th. For further information, contact Paul Gilmore at pjgilmore@gmail.com.

YOUTH MINISTRY

703-433-6770

Youth@ourladyofhope.net

Like us on Facebook – “OLOH Youth Group”

High School Youth*(9th -12th Graders)*

Mother Teresa Mondays - *(meet at the parish office at 5:45 p.m.)*

March 18th – Sportsplex

Tuesday Night Meetings

Tuesdays from 7:30-9 p.m. in the school gym!

Lenten Confessions – March 26th!

Junior High Youth

Our next meeting is this Sunday, March 10th from 6:30-8 p.m. in the school gym.

Junior High Bash – April 27th

Fish Fry – March 15th

We are having our second Parish Lenten Fish Fry on Friday, March 15th from 5-7:30 p.m. (before Stations of the Cross) in the parish hall. Tickets will be available for purchase after Masses on March 2/3 and 9/10 for \$10 for adults and \$5 for children 10 and under.

Senior Trips

April 25th – “Mystery Day Trip” – This is about an hour away – famous person, lunch at their home, “step on” guide for more surprises for \$109. For information or to reserve a place, call Mary Ann at 703-404-8677.

Catholic Business Network

Dr. Matthew Shank, President of Marymount University, will be the featured speaker for the next CBN meeting, March 15th at 8AM at Tuscarora Mill Restaurant, Leesburg. “Maintaining a Catholic Identity in a Catholic University in 2013” will be his topic for the meeting. The cost is \$16; pay at the door. Reservations required. Please contact Donna Bongiovanni at: dbongiovanni1@verizon.net for reservations or more info.

Donate Altar Flowers

Donations are now being accepted for Altar Flowers for 2013. Do you have a loved one, birthday or anniversary you would like remembered at Mass? Donating altar flowers is a lovely way to do this. Donations and intentions will be listed in the weekly bulletin. Altar flower donations are \$125 and are tax deductible. For more information, please contact Jennifer McCabe at 703-404-5580 or McCabeJK@aol.com. Forms are also be available on the table in the Narthex.