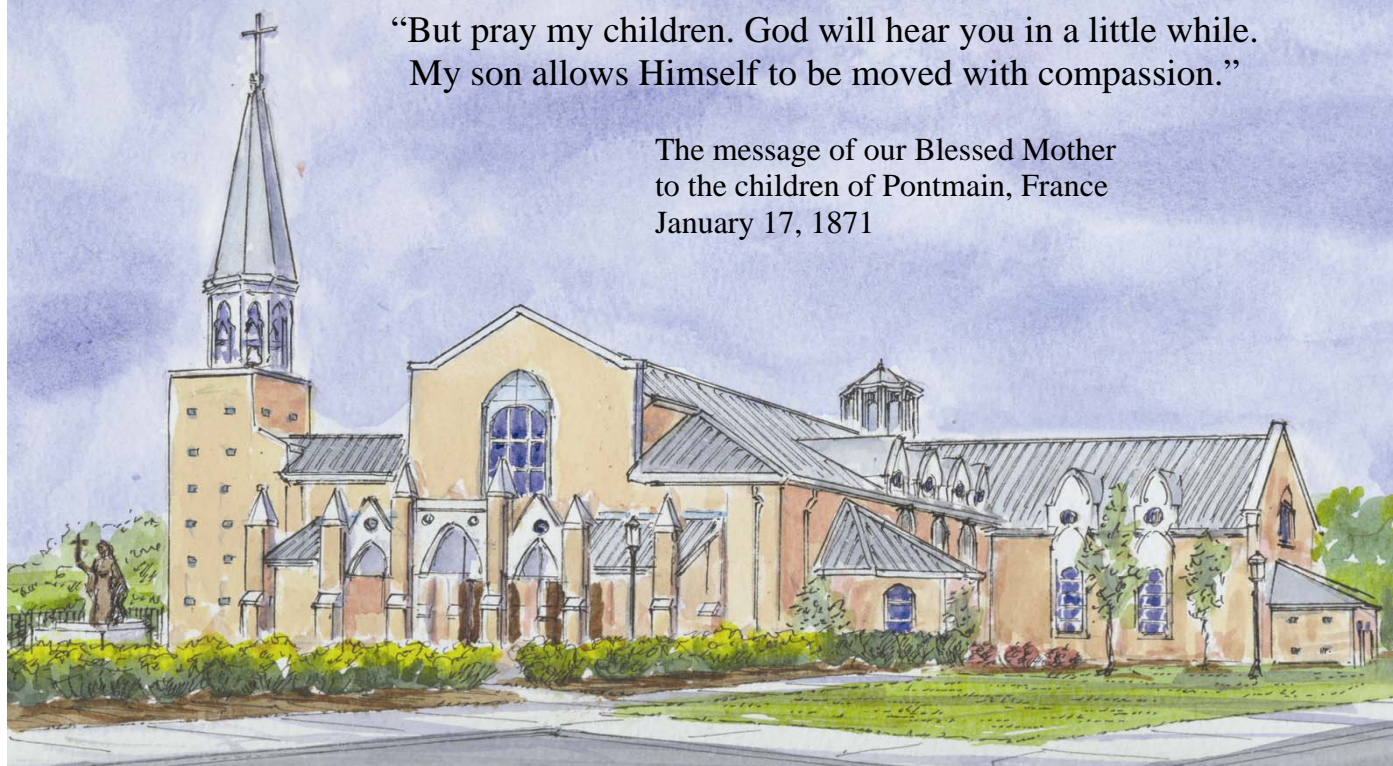


Our Lady of Hope Catholic Church

“But pray my children. God will hear you in a little while.
My son allows Himself to be moved with compassion.”

The message of our Blessed Mother
to the children of Pontmain, France
January 17, 1871



Parish Staff

The Rev. William P. Saunders, Pastor
The Rev. William B. Schierer, Parochial Vicar
The Rev. Randolph W. Sly, Resident
Cathy Plummer, Director of Religious Education
Cathy Barshop, Religious Education & Youth
Ministry Assistant
Pat Sabas, Business Manager
Ben Zumdahl, Director of Technology
Alfonso Pena, Facilities Supervisor
Suzanne Yerks, Director of Music
Nancy Burgess, Parish Secretary

The Church & Parish Office

Address: 46639 Algonkian Parkway
Potomac Falls, Virginia 20165
Office Hours: 9:00 a.m. - 4:00 p.m.,
Monday - Friday
Telephone: 703-433-6770
Website: www.ourladyofhope.net

Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m. &
5:00 p.m.

Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.
Saturday: 8:30 a.m.
On Federal Holidays Mass is at 8:30 a.m. only.

Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass, during the Thursday evening Holy Hour, and by appointment.

Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:00 p.m.

Holy Hour

Thursday evening from 7:00 – 8:00 p.m.

Our Lady of Hope Catholic School

Mary Beth Pittman, School Principal
Angela Sus, Administrative Assistant
Address: 46633 Algonkian Parkway
Potomac Falls, Virginia 20165
Telephone: 703-433-6760
Website: www.crusaders.ourladyofhope.net

MASSES OF THE WEEK

Sunday, March 17th: 5th Sunday of Lent

7:30 a.m. ☩ Howard Doescher by Carolyn Doescher
 9:00 a.m. ☩ Anna Hermina Yohe
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Jose Rominger by Tom & Trish Daquano

Monday, March 18th: St. Cyril of Jerusalem

6:45 a.m. ☩ Charles Monek by Barbara Principe
 8:30 a.m. ☩ Catharine Cacciapaglia by the Sonnhalter Family (Mass in Latin)

Tuesday, March 19th: St. Joseph, Spouse of the Blessed Virgin Mary

6:45 a.m. Joseph F. Saunders, Jr. by the Saunders Family
 8:30 a.m. ☩ Cecilia Sullivan by Gerald Sullivan

Wednesday, March 20th

6:45 a.m. Madeline Sanborn by the R.E. Office
 8:30 a.m. Jayne Donohue by the 2012 Confirmation Class

Thursday, March 21st

6:45 a.m. Hollee Alexander by Chelie Billingsley
 8:30 a.m. ☩ Ann Fitch by Helen Hall

Friday, March 22nd

6:45 a.m. Emily Wilson by the R.E. Office
 8:30 a.m. ☩ Tony Cacciapaglia by the Sonnhalter Family

Saturday, March 23rd: St. Turibius of Mogrovejo

8:30 a.m. The Pittman Family by the Fuller Family
 5:00 p.m. ☩ Charlotte F. Shahin by Joseph & Barbara Orandello

Sunday, March 24th: Palm Sunday of the Lord's Passion

7:30 a.m. ☩ Eugene Burton by Larry Zawalick
 9:00 a.m. ☩ Marcia Sue Wilkowski by Friends and Neighbors
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. Konrad Tatusko by Margaret Tatusko

PARISH GROUP COORDINATORS

Altar Flowers:	Jennifer McCabe	404-5580
Altar Servers:	Jeff Grado	477-9177
Altar Society:	Alfonso & Janeth Pena	406-9835
American Heritage Girls:	Heather Ward	571-331-4394
Birthright:	Marsha Slick	433-0034
Boy Scouts:	Gina DeCrisci-Farmer	406-2341
CYO Sports:	Ralph Peluso	729-3385
Girl Scouts:	Jennifer McCabe	404-5580
Homeschoolers:	Stacy Byrne	948-7845
Knights of Columbus:	John Jorgensen	282-3874
Ladies of Hope:	Marie Kennedy	433-0864
Lectors:	Paul Gilmore	444-2293
Legion of Mary:	Deborah Baird	430-8554
Pro-Life:	Bruce Gnatowski	433-5290
St. Joseph's League:	Mike & Vicki Egan	430-2651
Seniors:	Mary Ann Murphy	404-8677
Ushers:	John Grzechowiak	444-0023
Young Adults:	Megan White	843-685-5235

Sacrament of Baptism



Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes. Plan to attend the classes before the

birth of the child.

What does it mean to be an active Catholic?

Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.



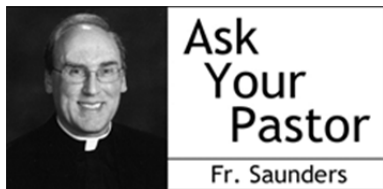
Prayer Intentions for March

Respect for Nature: That respect for nature may grow with the awareness that all creation is God's work entrusted to human responsibility. **Clergy:** That bishops, priests, and deacons may be tireless messengers of the Gospel to the ends of the earth.

Sacrament of Matrimony

In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin. Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.





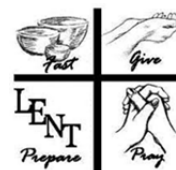
“One of the devotions in our parish every Lent is the Stations of the Cross. Could you please tell me the origins of this devotion? (Part II)

William Wey, an English pilgrim, visited the Holy Land in 1462, and is credited with the term “stations.” He described the manner in which a pilgrim followed the steps of Christ. Prior to this time, the path usually followed the reverse course of ours today--moving from Mount Calvary to Pilate's house. At this time, the reverse — going from Pilate's house to Calvary — seems to have taken hold.

When the Moslem Turks blocked the access to the Holy Land, reproductions of the stations were erected at popular spiritual centers, including the Dominican Friary at Cordova and Poor Clare Convent of Messina (early 1400s); Nuremberg (1468); Louvain (1505); Bamberg, Fribourg and Rhodes (1507); and Antwerp 1520). Many of these stations were reproduced by renowned artists and are considered masterpieces today. By 1587, Zuallardo reported that the Moslems forbade anyone “to make any halt, nor to pay veneration to [the stations] with uncovered head, nor to make any other demonstration,” basically suppressing this devotion in the Holy Land. Nevertheless, the devotion continued to grow in popularity in Europe.

At this time, the number of the stations varied. William Wey's account has 14 stations, but only five correspond to our own. Some versions included the house of Dives (the rich man in the Lazarus story), the city gate through which Christ passed, and the houses of Herod and Simon the Pharisee. In 1584 a book written by Adrichomius entitled, Jerusalem “sicut Christi Tempore floruit,” gives 12 stations which match those in our present version. This book was translated into several languages and circulated widely. In the 16th century, devotional books appeared especially in the Low Countries, which had 14 stations with prayers for each one.

At the end of the 17th century, the erection of stations in churches became more popular. In 1686, Pope Innocent XI, realizing that few people could travel to the Holy Land due to the Moslem oppression, granted the right to erect stations in all of their churches and that the same indulgences would be given to the Franciscans and those affiliated with them for practicing the devotion as if on an actual pilgrimage. Pope Benedict XIII extended these indulgences to all of the faithful in 1726. *(Part III next week)*



Stations of the Cross will be offered each Friday during Lent at 2:15 and 7:30 p.m. in the Church. Take time to participate in this venerable tradition of the Church and meditate on our Lord's sacrifice for our sins.

Confessions will be heard every Wednesday evening during Lent from 6:30-8 p.m., on Thursdays, from 7-8 p.m., during the Holy Hour and on Saturday mornings after the 8:30 a.m. Mass. **The Light is on for You.**

Adoration of the Blessed Sacrament

All through Lent, we will offer Adoration from after the Thursday, 8:30 a.m. Mass throughout the day and into the evening, ending at 6:45 a.m. on Friday. A Holy Hour will be offered and Confessions will be heard from 7-8 p.m. on Thursday evening. Adorers are needed, especially men, to fill the late night, early morning hours! Please sign up in the narthex.

Regulations for Fasting and Abstinence are as follows: Ash Wednesday and Good Friday are days of penance observed by both fasting (only one full meal during the day) and abstinence from meat. All other Fridays during Lent are days of abstinence; we forgo the eating of meat to make ourselves conscious of our Lord's sacrifice of Himself for our sins. The law of fasting is binding for those who are 18 years old but not yet 60; the law of abstinence is binding for those 14 years of age and older.

St. Joseph's Feast Day Celebration



The Ladies of Hope invite you to join them for their annual St. Joseph's Day celebration, this Tuesday, March 19, 2013. We will begin our evening in the Church at 7:30 p.m. with Vespers and Benediction, followed by a St. Joseph's Day celebration in the parish hall. Please consider joining us to honor our dear St. Joseph. Contact Marie Kennedy at 703-433-0864 for additional information.

Please Pray For...

The full list of the sick and homebound of our parish is on our website, www.ourladyofhope.net. Please call the parish office to have a name added or removed.

RELIGIOUS EDUCATION

703-433-6564

**THE RELIGIOUS EDUCATION OFFICE IS
CLOSED ON FRIDAYS**

Spring Calendar Highlights

April 27	Confirmation Exam – 9 a.m., parish hall
April 28	Confirmation Parents' Meeting (current 7th graders)
May 4	First Communion Retreat
May 16	First Communion Rehearsal – 5:30 p.m.
May 18	First Communion Liturgy – 11:00 a.m.

Young Adults

Join us on Facebook to receive all the latest event invitations! www.facebook.com/groups/fiatyoungadults/

Support Our Youth Ministry!

All Saints Church in Manassas has invited us to participate in their 5-car raffle again this year. Prizes include five 2013 vehicles (Honda CR-Z, Honda Accord, GMC Sierra Truck, Honda CRV sport utility and Honda Odyssey Van). One \$5.00 ticket offers the purchaser a chance to win all five vehicles plus \$20,000 in cash prizes. This is a fundraiser to benefit teens from our parish who are attending WorkCamp this summer. Tickets/stubs must be turned in no later than April 7th.

Book Club

Our current selection is, Citadel of God: A Novel about Saint Benedict, by Louis de Wohl. We invite all interested men and women of the parish to read the book, and join us for a discussion in the St. Elizabeth Ann Seton Room **this Tuesday, March 19th at 7:00 p.m.** For more information please contact Grace Jeglum at 703-404-0997 or gjeglum@gmail.com. *You can purchase the book in the gift shop.*

“Catholicism”

The popular DVD series will be shown in the parish hall on Wednesdays at 7:30 p.m. The Ladies of Hope invite you to join your fellow parishioners in learning more about your faith through this incredible series.

Our Lady of Hope Spring Track

Our Lady of Hope Spring Track -- Our Lady of Hope Spring Track and Field will begin practice this Sunday, March 17th at 2 p.m. on the Potomac Falls High School track. All K through 8th graders enrolled in Our Lady of Hope School or CCD programs are eligible to participate. Anyone interested, be at the track before 2 p.m. on March 17th. For further information, contact Paul Gilmore at pjgilmore@gmail.com.

YOUTH MINISTRY

703-433-6770

Youth@ourladyofhope.net

Like us on Facebook – “OLOH Youth Group”

High School Youth(9th -12th Graders)

Mother Teresa Mondays - (meet at the parish office at 5:45 p.m.)

March 18th – Sportsplex

Tuesday Night Meetings

Tuesdays from 7:30-9 p.m. in the school gym!

Lenten Confessions – March 26th!

**Junior High Youth**

Our next meeting is next Sunday, March 24th from 6:30-8 p.m. in the school gym.

Junior High Bash – April 27th

Senior Trips

April 25th – “Mystery Day Trip” – This is about an hour away – famous person, lunch at their home, “step on” guide for more surprises for \$109. For information or to reserve a place, call Mary Ann at 703-404-8677.

Call to Vocations

“Christ Jesus has made me His own.” Are you called to belong to Christ alone as a priest, deacon or through the consecrated life? Contact Fr. Brian Bashista at b.bashista@arlingtondiocese.org. or 703-841-2514 or call Fr. Saunders, Fr. Schierer, or Fr. Sly.

Knights of Columbus**Attention High School Seniors**

The Knights of Columbus have established a Scholarship Grant program to provide annual grants of financial assistance to qualified young adults who have demonstrated superior academic achievement and valuable Christian service to the community. Two Scholarship Grants for 2013 have been set at \$1000 each in direct assistance to two qualified young adults. The deadline for applications to be submitted is **April 29, 2013**. The application can be found at: www.oloh-council.org/scholarship.