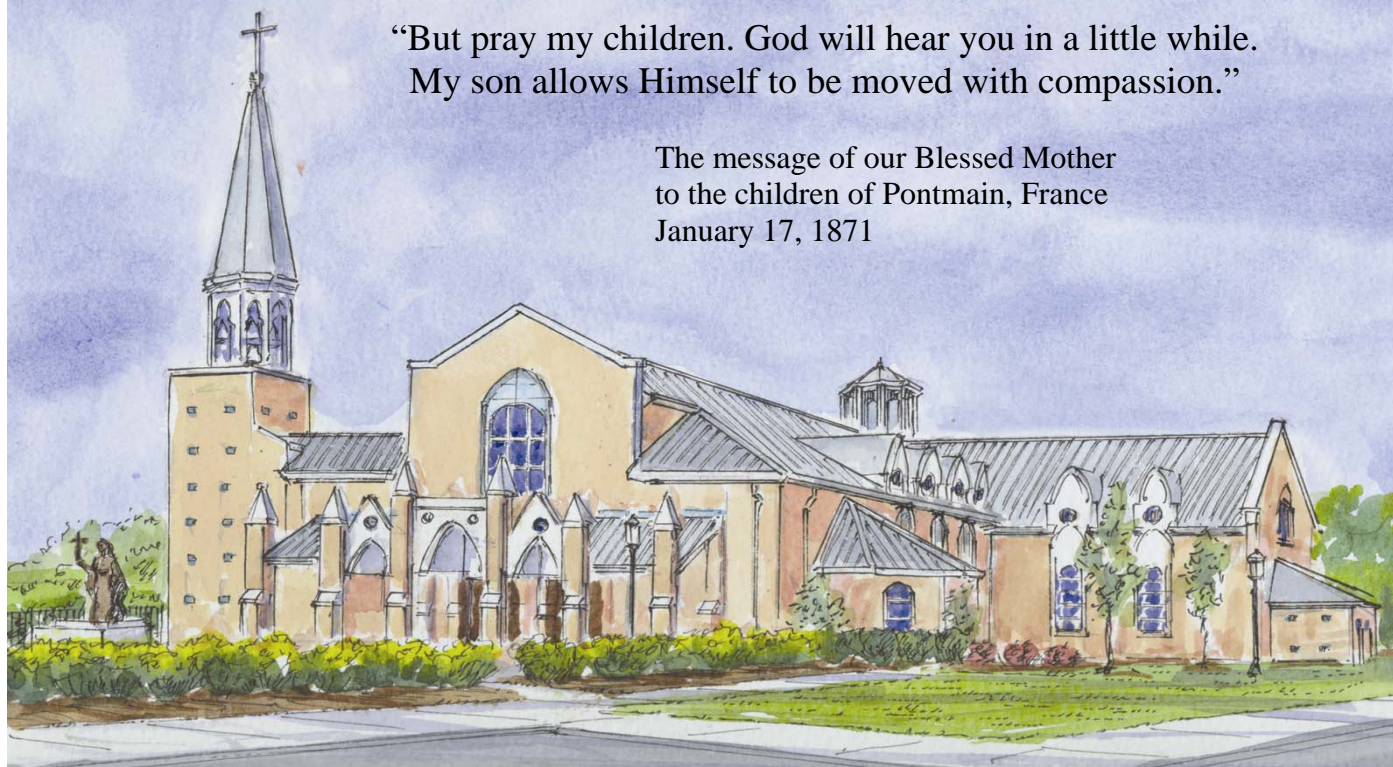


# Our Lady of Hope Catholic Church

“But pray my children. God will hear you in a little while.  
My son allows Himself to be moved with compassion.”

The message of our Blessed Mother  
to the children of Pontmain, France  
January 17, 1871



## Parish Staff

The Rev. William P. Saunders, Pastor  
The Rev. William B. Schierer, Parochial Vicar  
Cathy Plummer, Director of Religious Education  
Cathy Barshop, Religious Education Assistant  
Monica Clarke, Youth Ministry Assistant  
Pat Sabas, Business Manager  
Ben Zumdahl, IT Manager  
Alfonso Pena, Facilities Supervisor  
Michael Galdo, Director of Music  
Suzanne Yerks, Assistant Director of Music  
Nancy Burgess, Parish Secretary

## The Church & Parish Office

Address: 46639 Algonkian Parkway  
Potomac Falls, Virginia 20165  
Office Hours: 9:00 a.m. - 4:00 p.m.,  
Monday - Friday  
Telephone: 703-433-6770  
Website: [www.ourladyofhope.net](http://www.ourladyofhope.net)

## Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

## Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.  
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m.

## Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.  
Saturday: 8:30 a.m.  
On Federal Holidays Mass is at 8:30 a.m. only.

## Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass during the Thursday evening Holy Hour, and by appointment.

## Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:00 p.m.

## Holy Hour

Thursday evening from 7:00 – 8:00 p.m.

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## Our Lady of Hope Catholic School

Mary Beth Pittman, School Principal  
Angela Sus, Administrative Assistant  
Address: 46633 Algonkian Parkway  
Potomac Falls, Virginia 20165  
Telephone: 703-433-6760  
Website: [www.school.ourladyofhope.net](http://www.school.ourladyofhope.net)

**MASSES OF THE WEEK**

**Sunday, March 18<sup>th</sup>: Laetare Sunday**

7:30 a.m. ☩ Charles Monek by Barbara Principe  
 9:00 a.m. ☩ Sasha Nelson by the Nelson Family  
 10:30 a.m. Living & Deceased Parishioners  
 12:15 p.m. ☩ Mary Mullinax by the Borneman Family

**Monday, March 19<sup>th</sup>: St. Joseph, Spouse of the**

**Blessed Virgin Mary**

6:45 a.m. ☩ Cecilia Sullivan by Gerald Sullivan  
 8:30 a.m. Joseph F. Saunders, Jr. by the Saunders Family

**Tuesday, March 20<sup>th</sup>**

6:45 a.m. ☩ Carmen Barboza de Beingolea by Pilar Kolar & Ana Maria Brown  
 8:30 a.m. ☩ Virginia Marie Welgan by the Oyama Family

**Wednesday, March 21<sup>st</sup>**

6:45 a.m. ☩ Angeline Zappa by David & Sherrie Fuller  
 8:30 a.m. ☩ Thomas Moffitt by the Steven Russell Family

**Thursday, March 22<sup>nd</sup>**

6:45 a.m. ☩ Ethel & John Walsh by Jane & Bob Rader  
 8:30 a.m. Tony Cacciapaglia by the Sonnhalter Family

**Friday, March 23<sup>rd</sup>: St. Turibius de Mogrovejo**

6:45 a.m. ☩ Len Govern by John & Diane Krisko  
 8:30 a.m. ☩ Helen Check by the Check Family

**Saturday, March 24<sup>th</sup>**

8:30 a.m. ☩ Margaret O'Hara by the Quigley Family  
 5:00 p.m. ☩ Angelita Garcia by the Orosa Family

**Sunday, March 25<sup>th</sup>: 5<sup>th</sup> Sunday of Lent**

7:30 a.m. ☩ Mrs. Weighner by the Check Family  
 9:00 a.m. ☩ Gary Cox by Paul & Trish Gilmore  
 10:30 a.m. Living & Deceased Parishioners  
 12:15 p.m. ☩ Juanita Quimbo by the Orosa Family

**Holy Father's Prayer Intentions for March**



**General Intention:** That the whole world may recognize the contribution of women to the development of society. **Missionary Intention:** That the Holy Spirit may grant perseverance to those who suffer discrimination, persecution, or death for the name of Christ, particularly in Asia.

**Sacrament of Matrimony**

In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin. Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.



**PARISH GROUP COORDINATORS**

<b>Altar Flowers:</b>	Jennifer McCabe	404-5580
<b>Altar Servers:</b>	Jeff Grado	477-9177
<b>Altar Society:</b>	Alfonso & Janeth Pena	406-9835
<b>American Heritage Girls</b>		
	Diane Harvey	406-6040
<b>Birthright</b>	Marsha Slick	433-0034
<b>Book Club</b>	Linda Neri	430-3952
<b>Boy Scouts:</b>	Gina DeCrisci-Farmer	406-2341
<b>Columbian Squires:</b>		
	Jon MacGoy	887-3107
<b>CYO Sports:</b>	Ralph Peluso	729-3385
<b>Girl Scouts:</b>	Jennifer McCabe	404-5580
<b>Homeschoolers:</b>	Stacy Byrne	948-7845
<b>Knights of Columbus:</b>		
	Andy Altman	404-0182
<b>Ladies of Hope:</b>	Peggy Kearney	444-1341
<b>Lectors:</b>	Paul Gilmore	444-2293
<b>Legion of Mary</b>	Deborah Baird	430-8554
<b>Outreach:</b>	Donna Bongiovanni	346-1152
<b>Pro-Life:</b>	Maureen Whalen	669-4457
<b>St. Joseph's League:</b>		
	Mike & Vicki Egan	430-2651
<b>Ushers:</b>	John Granata	571-643-2212
<b>Young Adults:</b>	Jennifer Wilson	401-4440



**Sacrament of Baptism**

Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes.

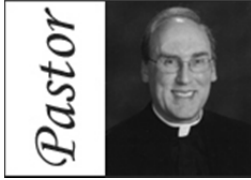
Plan to attend the classes before the birth of the child.

**What does it mean to be an active Catholic?**

Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.

**“Ask Your Pastor” – NEW FEATURE!**

*How should we observe fasting regulations on the vigil of a solemnity? I recently heard that after I have said evening prayer on the eve of a solemnity that I could now begin feasting. Why then after I say evening prayer on a Thursday in Lent am I not bound to abstain from meat on that evening as I would on Friday?*



In accordance with Jewish custom, the day ends at sunset, and the new day begins. Hence, the Jewish leaders wanted the bodies taken down from the cross before sunset and thereby before the beginning of the Sabbath. For this reason, the Church allows Vigil Masses, because Saturday evening really is Sunday.

Along these lines, on the eve of a Solemnity, like the Solemnity of the Sacred Heart of Jesus, the Liturgy of the Hours does have a special “vigil” vespers (evening prayer) prescribed for that Solemnity. Keep in mind there is also a vespers for the day. So that leads one to conclude, that we have to merge two customs: That for a Solemnity, including Sunday, at sunset the evening before, the Solemnity begins with vespers and lasts through the vespers of the actual day.

With that in mind, when a person is in a solemn season like Lent, we should never use in a rather rude and pagan way “feasting” or “let the partying begin.” Rather, we should rejoice, and celebrate the great mystery of our faith.

Concerning Thursday-Friday, keep to the chronological understanding. I would suggest not being scrupulous, but rather after one’s dinner on Thursday, begin preparing for the Friday abstinence.

**Music Ministry**

“Laetare” Sunday, the Fourth Sunday of Lent, is named after today’s Entrance Antiphon, *Laetare Jerusalem*, which will be sung by the choir at the 10:30 a.m. Mass. The full text is: “Rejoice, O Jerusalem, and gather round all you who love her; rejoice in gladness, after having been in sorrow; exult and be replenished with the consolation flowing from her motherly bosom.” The communion antiphon offers a similar prayer of rejoicing in the midst of our Lenten Season: “Jerusalem, is built as a city, bonded in one together; it is there that the tribes go up to praise the Lord.” The setting sung by the choir has been newly composed for today’s Mass.

**Spring Track**

Our Lady of Hope Spring Track begins practice this Sunday, March 18<sup>th</sup> at 3 p.m. on the Potomac Falls High School track. Anyone interested, be at the track a little before 3 p.m. For further information, contact Paul Gilmore at [pjgilmore@gmail.com](mailto:pjgilmore@gmail.com).

***Lent is Here!***

*Stations of the Cross* will be offered each Friday during Lent at 2:15 and 7:30 p.m. in the Church. Take time to participate in this venerable tradition of the Church and meditate on our Lord’s sacrifice for our sins.

*Confessions will be heard every Wednesday evening during Lent from 6:30-8 p.m. beginning February 29<sup>th</sup>.*

***Adoration of the Blessed Sacrament***

*All through Lent, we will offer Adoration from after the Thursday, 8:30 a.m. Mass throughout the day and into the evening, ending at 6:45 a.m. on Friday. A Holy Hour will be offered and Confessions will be heard from 7-8 p.m. on Thursday evening. Adorers are needed, especially men to fill the late night, early morning hours! Please sign up in the narthex.*

***Regulations for Fasting and Abstinence are as follows:*** Ash Wednesday and Good Friday are days of penance observed by both fasting (only one full meal during the day) and abstinence from meat. All other Fridays during Lent are days of abstinence; we forgo the eating of meat to make ourselves conscious of our Lord’s sacrifice of Himself for our sins. The law of fasting is binding for those who are 18 years old but not yet 60; the law of abstinence is binding for those 14 years of age and older.

**Support Our Youth Ministry!**

All Saints Church in Manassas has invited us to participate in their 5-car raffle again this year. Prizes include five 2012 vehicles from Koon’s of Manassas (Honda Civic Hybrid, Honda Accord, GMC Sierra Truck, Honda CRV Sport Utility and Honda Odyssey Van). One \$5.00 ticket offers the purchaser a chance to win all five vehicles plus \$20,000 in cash prizes. This is a fundraiser to benefit teens from our parish who are attending WorkCamp this summer. Tickets have been mailed to each family.

**Total Consecration-A Time of Devotion and Renewal**

We are drawing near to the end of the 33-day period of prayerful preparation for Total consecration to Jesus through Mary as set forth by St. Louis Marie de Montfort. Join Fr. Schierer in praying the Act of Consecration at 1:30 p.m. on Sunday, March 25<sup>th</sup> in the Church.

**Catholic Distance University – Online Learning**

Our diocese is a partner with CDU. All members of the Arlington Diocese can take noncredit online courses and seminars at CDU for just \$30. Learn more at [www.cdu.edu/Arlington-Diocese/index.html](http://www.cdu.edu/Arlington-Diocese/index.html).

**RELIGIOUS EDUCATION**

703-433-6564

**The Religious Education Office is closed on Fridays.****Vacation Bible School this Summer!**

Mark your calendar and join us for Vacation Bible School this summer! The session will run from June 18<sup>th</sup> through June 22<sup>nd</sup>, 9 a.m. - noon daily. ***Come Aboard the Vatican Express with St. Jerome!*** All rising first graders through rising fifth graders are welcome. You can find the registration form at [www.ourladyofhope.net](http://www.ourladyofhope.net).

**Religious Education Calendar Highlights****First Communion Class**

March 27 &amp; 28 – First Communion Workbooks due

May 5 – First Communion Retreat

May 19 – First Holy Communion Mass

**Confirmation Class**

May 5 – Confirmation Exam, 9 a.m.

**Christendom College Open House – April 16<sup>th</sup>**

Christendom College will hold its Spring Open House on Monday, April 16<sup>th</sup> from 9:00-2:30. All high school students and their families are welcome to visit the Front Royal campus to experience Christendom for the day! Register at [www.christendom.edu/admissions/visits-family.php](http://www.christendom.edu/admissions/visits-family.php) by April 6<sup>th</sup> or call 1-800-877-5456 for more information.

**St. Joseph's Day Celebration**

The Ladies of Hope invite you to join them for their annual **St. Joseph's Day celebration this Sunday, March 18<sup>th</sup>**. We will begin our evening in the Church at 7:00 p.m. with Vespers and Benediction followed by a St. Joseph's Day celebration in the Parish Hall. Please consider joining us to honor our dear St. Joseph.

**Eric Genuis Concert on April 22<sup>nd</sup>**

The Ladies of Hope are pleased and honored to announce the sponsorship of an Eric Genuis concert on Sunday, April 22<sup>nd</sup> at 7 p.m. in the Church. Eric Genuis is an internationally acclaimed composer and virtuoso pianist who has traveled the world. Eric brings to light the role of music and the arts on culture throughout history and the power they have to bring hope and healing to the human soul. His concerts proclaim a pro-life message. Contact Peggy Kearney at [peggy\\_ Kearney@msn.com](mailto:peggy_ Kearney@msn.com) or 703-444-1341, with questions.

**Please Pray For...**

*The list of the sick and homebound of our parish has moved to our website, [www.ourladyofhope.net](http://www.ourladyofhope.net). Please use the "Parish" tab and then, "Please Pray For..." to view the full list. Please call the parish office to have a name added or removed. Please pray for Bill Hogan and Francis Oulton.*

**YOUTH MINISTRY**

703-433-6770 Ext. 142

**High School Youth***(9<sup>th</sup> -12<sup>th</sup> Graders)*

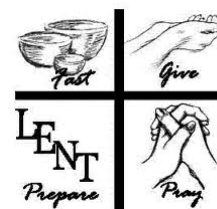
**March 19<sup>th</sup>, Mother Teresa Monday** – Meet in the parking lot at 5:45 p.m. to travel to Sportsplex

**April 2<sup>nd</sup>, Mother Teresa Monday** – Meet in the parking lot at 5:45 p.m. to travel to Falcons Landing

**Tuesday Youth Group***(Meet in Gym)*

*"St. Joseph was an ordinary sort of man on whom God relied to do great things."*

*-- Blessed Josemaria Escriva*



**March 20<sup>th</sup>, 7:30-9 p.m.** – Prayer, Adoration, Confession

**March 27<sup>th</sup>, 7:30-9 p.m.** – Guys: "How to pray like a man." Girls: "How to be a daughter of Christ." JPII Sr. Bernadette, M.G. will join us!

*"The silence of Saint Joseph is given a special emphasis. His silence is steeped in contemplation of the mystery of God in an attitude of total availability to divine desires. It is a silence thanks to which Joseph, in unison with Mary, watches over the Word of God, known through the Sacred Scriptures, continuously comparing it with the events of the life of Jesus; a silence woven of constant prayer, a prayer of blessing of the Lord, of the adoration of His holy will and of unreserved entrustment to His providence. It is no exaggeration to think that it was precisely from his "father" Joseph that Jesus learned -- at the human level -- that steadfast interiority which is a presupposition of authentic justice.... Let us allow ourselves to be "filled" with Saint Joseph's silence in a world that is often too noisy, that encourages neither recollection nor listening to God's voice." --Pope Benedict XVI*

**Junior High Youth Group – 7<sup>th</sup> & 8<sup>th</sup> Graders***(Meet in parish hall)*

**March 18<sup>th</sup>**, 6:30-8 p.m. – "Understanding"

**March 24<sup>th</sup>** – Parish Hall

**"Springtime in Paris!"**

Friends of Our Lady of Hope School are invited to our 7<sup>th</sup> Annual Dinner Auction Gala on Saturday, April 28, 2012, 6:30-11:30 p.m. at Trump National Golf Club, in Lowes Island. You may preview items, view event information, make a donation, and register to attend this event online at <http://oloh.maestroweb.com>. Registered attendees' names will be held at the door. Questions? Would you like to help sponsor or advertise at this event? Please contact the school office or e-mail the Auction Committee at [olohauction2012@aol.com](mailto:olohauction2012@aol.com).