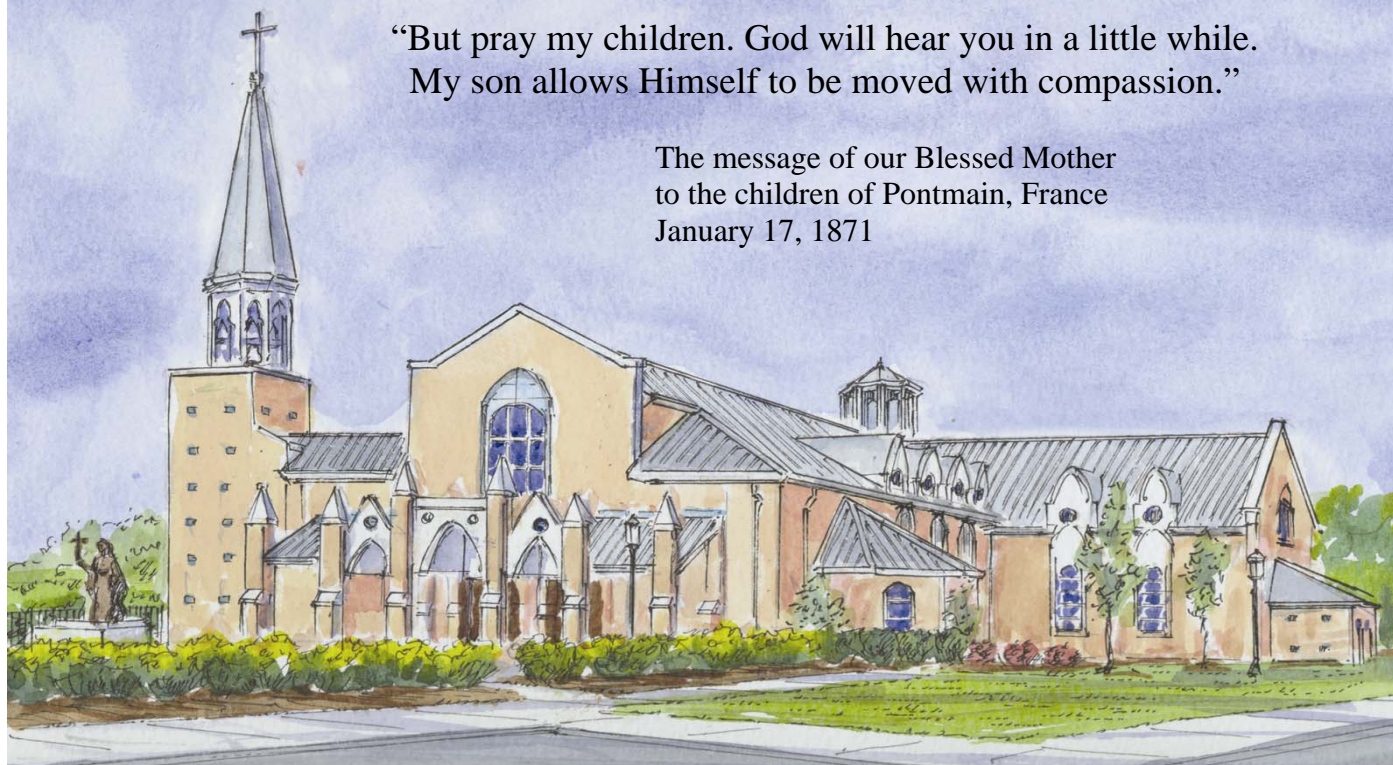


Our Lady of Hope Catholic Church

“But pray my children. God will hear you in a little while.
My son allows Himself to be moved with compassion.”

The message of our Blessed Mother
to the children of Pontmain, France
January 17, 1871



Parish Staff

The Rev. William P. Saunders, Pastor
The Rev. William B. Schierer, Parochial Vicar
Cathy Plummer, Director of Religious Education
Cathy Barshop, Religious Education Assistant
Monica Clarke, Youth Ministry Assistant
Pat Sabas, Business Manager
Ben Zumdahl, IT Manager
Alfonso Pena, Facilities Supervisor
Michael Galdo, Director of Music
Suzanne Yerks, Assistant Director of Music
Nancy Burgess, Parish Secretary

The Church & Parish Office

Address: 46639 Algonkian Parkway
Potomac Falls, Virginia 20165
Office Hours: 9:00 a.m. - 4:00 p.m.,
Monday - Friday
Telephone: 703-433-6770
Website: www.ourladyofhope.net

Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m.

Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.
Saturday: 8:30 a.m.
On Federal Holidays Mass is at 8:30 a.m. only.

Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass during the Thursday evening Holy Hour, and by appointment.

Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:00 p.m.

Holy Hour

Thursday evening from 7:00 – 8:00 p.m.

Our Lady of Hope Catholic School

Mary Beth Pittman, School Principal
Angela Sus, Administrative Assistant
Address: 46633 Algonkian Parkway
Potomac Falls, Virginia 20165
Telephone: 703-433-6760
Website: www.school.ourladyofhope.net

MASSES OF THE WEEK

Sunday, March 25th: 5th Sunday of Lent

7:30 a.m. ☩ Mrs. Weighner by the Check Family
 9:00 a.m. ☩ Gary Cox by Paul & Trish Gilmore
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Juanita Quimbo by the Orosa Family

Monday, March 26th: The Annunciation of the Lord

6:45 a.m. ☩ Marion L. Starling by the Bischoff Family
 8:30 a.m. ☩ Mary Theriault by Kathy, Sabine & Suzanne

Tuesday, March 27th

6:45 a.m. Laura Chaale by Cathy Plummer
 8:30 a.m. ☩ Margaret O'Hara by Lee & Eileen Alner

Wednesday, March 28th

6:45 a.m. Grace Cynkar by Cathy Plummer
 8:30 a.m. Rev. William P. Saunders by the Ladies of Hope

Thursday, March 29th

6:45 a.m. ☩ Gail Marie Smith by the Bischoff Family
 8:30 a.m. Connie Woods by Her Latin Class

Friday, March 30th

6:45 a.m. John Grzechowiak by Cathy Plummer
 8:30 a.m. 2010-2011 Mass Buddies by the 2010-2011 Kindergarten Class at Our Lady of Hope

Saturday, March 31st

8:30 a.m. Rev. Kevin J. Fimian by the Ladies of Hope
 5:00 p.m. Doris Del Cecato by Joan Bystrowski

Sunday, April 1st: Palm Sunday of the Passion of the Lord

7:30 a.m. Special Intention by Laura Danbom
 9:00 a.m. ☩ Rev. Keith Ramey by the Saunders Family
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Gary Cox by the Our Lady of Hope Lectors

Holy Father's Prayer Intentions for April



General Intention: Vocations. That many young people may hear the call of Christ and follow him in the priesthood and religious life.
Missionary Intention: Christ, Hope for Africans. That the risen Christ may be a sign of certain hope for the men and women of the African continent.

Sacrament of Matrimony

In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin. Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.



PARISH GROUP COORDINATORS

Altar Flowers:	Jennifer McCabe	404-5580
Altar Servers:	Jeff Grado	477-9177
Altar Society:	Alfonso & Janeth Pena	406-9835
American Heritage Girls		
	Diane Harvey	406-6040
Birthright	Marsha Slick	433-0034
Book Club	Linda Neri	430-3952
Boy Scouts:	Gina DeCrisci-Farmer	406-2341
Columbian Squires:		
	Jon MacGoy	887-3107
CYO Sports:	Ralph Peluso	729-3385
Girl Scouts:	Jennifer McCabe	404-5580
Homeschoolers:	Stacy Byrne	948-7845
Knights of Columbus:		
	Andy Altman	404-0182
Ladies of Hope:	Peggy Kearney	444-1341
Lectors:	Paul Gilmore	444-2293
Legion of Mary	Deborah Baird	430-8554
Outreach:	Donna Bongiovanni	346-1152
Pro-Life:	Maureen Whalen	669-4457
St. Joseph's League:		
	Mike & Vicki Egan	430-2651
Ushers:	John Granata	571-643-2212
Young Adults:	Jennifer Wilson	401-4440



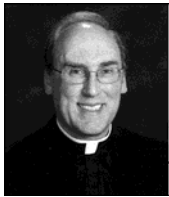
Sacrament of Baptism

Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes.

Plan to attend the classes before the birth of the child.

What does it mean to be an active Catholic?

Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.



Ask Your Pastor

Fr. Saunders

Is it true that on Sundays we can have or do what we gave up for Lent?

Technically, Sundays are not part of Lent.

On Sunday we always remember the resurrection of our Lord, even though we may be in a penitential season. So, go to the calendar: Ash Wednesday marks the beginning of Lent; count forty days, not including Sundays; Holy Saturday marks the fortieth day, and the Easter Vigil Mass marks the first Mass of Easter.

Therefore, if one has “given up something” for Lent as a sacrifice, technically on Sundays and solemnities like St. Joseph’s Day and the Annunciation, one is exempt and can partake of whatever has been offered up for Lent. This permission arose in the early church when the fasting and penances during Lent were very strict (like no meat, no dairy products, and no eggs); therefore, Sunday was not only the day to celebrate the resurrection, but also to fortify oneself for the week of fasting and abstinence.

Nevertheless, I was always taught, “If you give-up something for the Lord, tough it out. Don’t act like a Pharisee looking for a loophole.” Personally, I find it much easier and much more spiritually beneficial to “give up” something for all of Lent rather than start-and-stop.

Music Ministry

What did the choir sing at 10:30 a.m.? At communion we sang *Exaudi Deus*, a motet by Orlando di Lasso (1532-1594). The text is from Psalm 54, *Exaudi Deus orationem meam, et ne despexeris deprecationem meam, intende in me, et exaudi me.* (Hear, O God, my prayer, and do not despise my petition, listen to me, and hear me.)

This Sunday at 5 pm the Reston Chorale will perform the Duruflé Requiem in the Church.



Eric Genuis Concert on April 22nd

The Ladies of Hope are pleased and honored to announce the sponsorship of an Eric Genuis concert on Sunday, April 22nd at 7 p.m. in the Church. Eric Genuis is an internationally acclaimed composer and virtuoso pianist who has traveled the world. His concerts proclaim a pro-life message. Contact Peggy Kearney at peggy_earney@msn.com or 703-444-1341, with questions.

Book Club

Our current selection is, Left to Tell, by Immaculée Ilibagiza. We invite all interested women of the parish to read the book and join us for a discussion in the parish meeting room on **March 27th at 7:30 p.m.** For more information contact Linda Neri at gramsneri@aol.com or 703-430-3952.



Lent is Here!

Stations of the Cross will be offered each Friday during Lent at 2:15 and 7:30 p.m. in the Church. Take time to participate in this venerable tradition of the Church and meditate on our Lord’s sacrifice for our sins.

Confessions will be heard every Wednesday evening during Lent from 6:30-8 p.m. beginning February 29th.

Adoration of the Blessed Sacrament

All through Lent, we will offer Adoration from after the Thursday, 8:30 a.m. Mass throughout the day and into the evening, ending at 6:45 a.m. on Friday. A Holy Hour will be offered and Confessions will be heard from 7-8 p.m. on Thursday evening. Adorers are needed, especially men to fill the late night, early morning hours! Please sign up in the narthex.

Special Lent Events

Be sure to check www.ourladyofhope.net for special events occurring during the Lenten Season, as well as the Holy Week Schedule.

Regulations for Fasting and Abstinence are as follows: Ash Wednesday and Good Friday are days of penance observed by both fasting (only one full meal during the day) and abstinence from meat. All other Fridays during Lent are days of abstinence; we forgo the eating of meat to make ourselves conscious of our Lord’s sacrifice of Himself for our sins. The law of fasting is binding for those who are 18 years old but not yet 60; the law of abstinence is binding for those 14 years of age and older.

Total Consecration-A Time of Devotion and Renewal

We are at the end of the 33-day period of prayerful preparation for Total consecration to Jesus through Mary as set forth by St. Louis Marie de Montfort. Join Fr. Schierer in praying the Act of Consecration at 1:30 p.m. this Sunday, March 25th in the Church.

Knights of Columbus

Food Drive

The monthly food drive for InterFaith of Loudoun County, will be next Sunday, April 1st. Please leave your non-perishable food donations in the narthex before Mass.



Business Meeting

The monthly business meeting will be on Tuesday, April 3rd in the parish meeting room. Officer candidate interviews for the 2012-13 Fraternal Year will conclude. The meeting will be preceded by the praying of the Rosary at 7 p.m. Knights’ families are invited to participate during the Rosary.

RELIGIOUS EDUCATION

703-433-6564

The Religious Education Office is closed on Fridays.

THANK YOU!

The Tuesday 4:15pm Confirmation Class would like to thank all those who contributed so generously to the collection for the Missionaries of Charity! A total of 158 boxes of pancake mix, 131 bottles of pancake syrup, 189 cans of corn, 83 boxes of sugar, and several other assorted items were donated! This fabulous amount of food will be used to provide a special Easter breakfast to the poor and homeless in Washington, DC. We would also like to give a very special thank you to our catechist, Mrs. Viviane Castaneda; classroom aide, Mrs. Alexis Gruehn; and all the students and parents who generously gave their time to organize and promote this outreach. Thanks again for helping us go above and beyond our goal and touch the lives of so many people!

Vacation Bible School this Summer!

Mark your calendar and join us for Vacation Bible School this summer! The session will run from June 18th through June 22nd, 9 a.m. - noon daily. ***Come Aboard the Vatican Express with St. Jerome!*** All rising first graders through rising fifth graders are welcome. You can find the registration form at www.ourladyofhope.net.

Religious Education Calendar Highlights

First Communion Class

March 27 & 28 – First Communion Workbooks due

May 5 – First Communion Retreat

May 19 – First Holy Communion Mass

Confirmation Class

May 5 – Confirmation Exam, 9 a.m.

Please Pray For...

The list of the sick and homebound of our parish has moved to our website, www.ourladyofhope.net. Please use the “Parish” tab and then, “Please Pray For...” to view the full list. Please call the parish office to have a name added or removed. Please pray for Vera Arman, Bill Hogan and Francis Oulton.



Men’s Vocation Discernment Retreat – Friday, March 30 – Sunday, April 1

Are you listening for God’s call? Consider attending this annual retreat for men (ages 17-40) at San Damiano Spiritual Life Center in White Post, which runs from 7 p.m. Friday to 2 p.m. Sunday. Registration is \$40. Space is limited, so please sign up with the Office of Vocations at 703-841-2514 or vocations@arlingtondiocese.org by **Monday, March 26.**

YOUTH MINISTRY

703-433-6770 Ext. 142

High School Youth

(9th -12th Graders)

April 2nd, Mother Teresa Monday – Meet in the parking lot at 5:45 p.m. to travel to Falcons Landing

April 16th, Mother Teresa Monday – Meet in the parking lot at 5:45 p.m. to travel to Sportsplex

Tuesday Youth Group

(Meet in Gym)

March 27th, 7:30-9 p.m. – Guys: “How to pray like a man.” Girls: “How to be a daughter of Christ.” JPII Sr. Bernadette, M.G. will join us!

April 3rd, 7:30-9 p.m.

April 10th, 7:30-9 p.m.

“The Virgin Mary utters that generous word, “be it done”...Immediately the Heart of Jesus, ever to be adored, has begun to pulsate with love, divine and human” Pius XII.



“Springtime in Paris!”



Friends of Our Lady of Hope School are invited to our 7th Annual Dinner Auction Gala on Saturday, April 28, 2012, 6:30-11:30 p.m. at Trump National Golf Club, in Lowes Island.

You may preview items, view event information, make a donation, and register to attend this event online at <http://oloh.maestroweb.com>. Registered attendees' names will be held at the door. Questions? Would you like to help sponsor or advertise at this event? Please contact the school office or e-mail the Auction Committee at olohauction2012@aol.com.

Eucharistic Adorers Needed

Thursday 9 a.m. – Friday 6:45 a.m.

Thank you to all adorers who visit with our Lord. Your dedication is most appreciated.

However, Eucharistic Adoration still has a need for scheduled adorers, especially during Lent, when Adoration continues throughout the night.

Some slots have opened up due to adorers moving out of state, snow birds, etc. Please prayerfully consider scheduling an hour with our Lord. Sign-up sheets are on the Adoration Table in the narthex.

