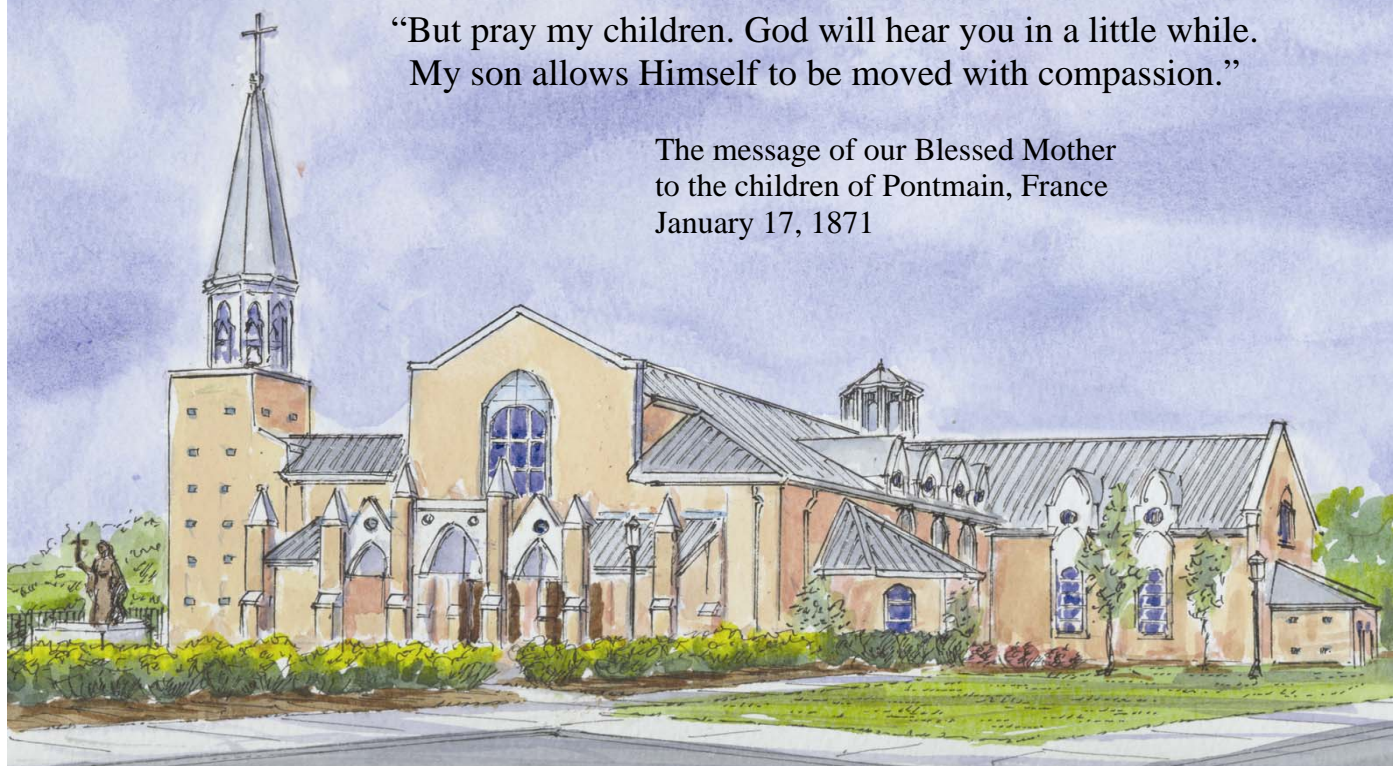


# Our Lady of Hope Catholic Church

“But pray my children. God will hear you in a little while.  
My son allows Himself to be moved with compassion.”

The message of our Blessed Mother  
to the children of Pontmain, France  
January 17, 1871



## Parish Staff

The Rev. William P. Saunders, Pastor  
The Rev. William B. Schierer, Parochial Vicar  
The Rev. Randolph W. Sly, Resident  
Cathy Plummer, Director of Religious Education  
Cathy Barshop, Religious Education &  
Youth Ministry Assistant  
Pat Sabas, Business Manager  
Ben Zumdahl, IT Manager  
Alfonso Pena, Facilities Supervisor  
Suzanne Yerks, Director of Music  
Nancy Burgess, Parish Secretary

## The Church & Parish Office

Address: 46639 Algonkian Parkway  
Potomac Falls, Virginia 20165  
Office Hours: 9:00 a.m. - 4:00 p.m.,  
Monday - Friday  
Telephone: 703-433-6770  
Website: [www.ourladyofhope.net](http://www.ourladyofhope.net)

## Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

## Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.  
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m.

## Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.  
Saturday: 8:30 a.m.  
On Federal Holidays Mass is at 8:30 a.m. only.

## Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass, during the Thursday evening Holy Hour, and by appointment.

## Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:00 p.m.

## Holy Hour

Thursday evening from 7:00 – 8:00 p.m.

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## Our Lady of Hope Catholic School

Mary Beth Pittman, School Principal  
Angela Sus, Administrative Assistant  
Address: 46633 Algonkian Parkway  
Potomac Falls, Virginia 20165  
Telephone: 703-433-6760  
Website: [www.crusaders.ourladyofhope.net](http://www.crusaders.ourladyofhope.net)

**MASSES OF THE WEEK**

**Sunday, September 2<sup>nd</sup>: 22<sup>nd</sup> Sunday in Ordinary Time**

7:30 a.m. ☩ Francis Zawalick by Theresa Zawalick  
 9:00 a.m. ☩ Hortense Gutierrez by Her Daughter  
 10:30 a.m. Living & Deceased Parishioners  
 12:15 p.m. Christopher Pelczar by Fr. Schierer

**Monday, September 3<sup>rd</sup>: Pope St. Gregory the Great**

8:30 a.m. ☩ Jenny Krisko by John & Diane Krisko  
 (Mass in Latin)

**Tuesday, September 4<sup>th</sup>**

6:45 a.m. ☩ Jack Rosenhammer by the Lawson Family  
 8:30 a.m. Marie Kennedy by the Ladies of Hope

**Wednesday, September 5<sup>th</sup>**

6:45 a.m. ☩ Maria Gallo by Joe & Barbara Orandello  
 8:30 a.m. Millie Betts by the Ladies of Hope

**Thursday, September 6<sup>th</sup>**

6:45 a.m. ☩ Mary Jane Mastapeter by the Mastapeter Family  
 8:30 a.m. ☩ Jennifer Dills by Barbara Edwards

**Friday, September 7<sup>th</sup>**

6:45 a.m. ☩ Charles Joseph Rullo by David Fuller  
 8:30 a.m. ☩ Alward V. Burch by Our Lady of Hope Catholic School

**Saturday, September 8<sup>th</sup>: The Nativity of the Blessed Virgin Mary**

8:30 a.m. Joey Angel by Joe & Janel Giambrone  
 5:00 p.m. ☩ Mary Kay Stinemeyer by Carol & Peter Oliveri

**Sunday, September 9<sup>th</sup>: 23<sup>rd</sup> Sunday in Ordinary Time**

7:30 a.m. Special Intention by Laura Danbom  
 9:00 a.m. Mary Ann Feeney by Fr. Schierer  
 10:30 a.m. Living & Deceased Parishioners  
 12:15 p.m. ☩ Martha & Raymond Rader by Jane & Bob Rader

**PARISH GROUP COORDINATORS**

<b>Altar Flowers:</b>	Jennifer McCabe	404-5580
<b>Altar Servers:</b>	Jeff Grado	477-9177
<b>Altar Society:</b>	Alfonso & Janeth Pena	406-9835
<b>American Heritage Girls:</b>		
	Heather Ward	571-331-4394
<b>Birthright:</b>	Marsha Slick	433-0034
<b>Book Club:</b>	Linda Neri	430-3952
<b>Boy Scouts:</b>	Gina DeCrisci-Farmer	406-2341
<b>CYO Sports:</b>	Ralph Peluso	729-3385
<b>Girl Scouts:</b>	Jennifer McCabe	404-5580
<b>Homeschoolers:</b>	Stacy Byrne	948-7845
<b>Knights of Columbus:</b>		
	John Jorgensen	282-3874
<b>Ladies of Hope:</b>	Marie Kennedy	433-0864
<b>Lectors:</b>	Paul Gilmore	444-2293
<b>Legion of Mary:</b>	Deborah Baird	430-8554
<b>Outreach:</b>	Donna Bongiovanni	346-1152
<b>Pro-Life:</b>	Bruce Gnatowski	433-5290
<b>St. Joseph's League:</b>		
	Mike & Vicki Egan	430-2651
<b>Seniors:</b>	Mary Ann Murphy	404-8677
<b>Ushers:</b>	John Grzechowiak	444-0023
<b>Young Adults:</b>	Jennifer Wilson	401-4440



**Sacrament of Baptism**

Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes. Plan to attend the classes before the birth of the child.

**What does it mean to be an active Catholic?**

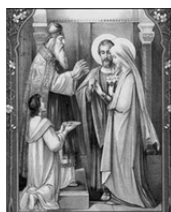
Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.



**Holy Father's Prayer Intentions for September**

**General Intention:** That politicians may always act with honesty, integrity, and love for the truth. **Missionary Intention:** Help for the Poorest Churches. That Christian communities may have a growing willingness to send missionaries, priests, and lay people, along with concrete resources, to the poorest Churches.

**Sacrament of Matrimony**



In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin.

Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.



**Ask  
Your  
Pastor**

Fr. Saunders

*“How should one hold their hands during the Lord’s Prayer at Mass?”*

*Answer – Part Two:*

The unity that is sought really comes later and after a spiritual progression: First, we fall on our knees as the priest offers the sacrifice of the Mass: we recall not only our Lord’s passion, death, and resurrection but also our need as individuals to offer ourselves to Him. Second, we pray in the words our Savior taught us, the Lord’s Prayer, in which we ask, “Forgive us our trespasses as we forgive those who trespass against us,” even the person next to us in the pew. Third, we offer the Sign of Peace, a gesture found in the earliest Masses to show a genuine unity based on peace and forgiveness. Finally, we receive Holy Communion which truly brings us into communion with our Lord and with each other. Looking at the logic of this spiritual progression to real unity, the holding of hands at the Our Father is extraneous.

Can a congregation hold hands anyway, even if it is extraneous? While no one can find fault if a husband and wife, or a family want spontaneously to hold hands during the Lord’s Prayer, the priest does not have the right to introduce, mandate, or impose it. The Code of Canon Law (1983) does mandate: “The liturgical books approved by the competent authority are to be faithfully observed in the celebration of the sacraments; therefore, no one on personal authority may add, remove, or change anything in them” (Canon 826.1). (Note that this Canon repeated a previous mandate found in both Vatican II’s Constitution on the Sacred Liturgy (1963) and the Instruction on the Worship of the Eucharistic Mystery, #45 (1967), which was issued to address certain abuses arising in the liturgy after the council.) Therefore, a priest who introduces, mandates, or imposes the holding of hands during the Lord’s Prayer is violating the norms set by the Church.

The Church also reminds the priest, who is the guardian of the sacraments and who acts in persona Christi in offering the Mass: “The priest should realize that by imposing his own personal restoration of sacred rites he is offending the rights of the faithful and is introducing individualism and idiosyncrasy into celebrations which belong to the whole Church” (Third Instruction on the Correct Implementation of the Constitution on the Sacred Liturgy, #1 (1970)). A person in the pew should not feel obliged or coerced to hold hands with someone else during the Lord’s Prayer, yet congregational “peer pressure” could easily lead to such feelings. One can only imagine how intimidated a person must feel by the rest of the congregation if he does not desire to hold hands, whether because of personal preference or because of another reason such as arthritis.

Granted, the holding of hands during the Lord’s Prayer seems to have become almost a tradition in some parishes throughout the country. Nevertheless, we must remember that this gesture is not prescribed, it is an innovation to the Mass, and in its goal to build unity and sensitivity, it can be alienating and insensitive to individuals. *(For part one, see last week’s bulletin)*

**Labor Day Holiday**

The parish office will be closed on Monday, September 3<sup>rd</sup> in observance of Labor Day. There will be no public 6:45 a.m. Mass.

**Knights of Columbus**

**Parish Commitment Sunday with Pancakes!**

Sunday, September 16<sup>th</sup>, after all Masses, the Knights of Columbus, will be hosting a pancake breakfast in the parish hall. Our parish organizations will be present to provide information about their organizations and to welcome new volunteers. This is a great opportunity to consider a way in which to serve your parish while enjoying a wonderful pancake breakfast. Free will donations accepted for the breakfast.



**Blood Drive**

The Knights are sponsoring a blood drive on Sunday, September 16<sup>th</sup> in the parish meeting room from 8 a.m.-2 p.m. You may sign up after all Masses. Please give the “gift of life!”

**American Heritage Girls**

American Heritage Girls is registering girls for the 2012-2013 year. AHG is a Christ-centered scouting organization for girls in grades K-12 which focuses on badge work, community service, social activities, and girl leadership opportunities. Meetings are held in the parish hall. To register or learn more about AHG, contact Heather Ward at [homeward05@aol.com](mailto:homeward05@aol.com) or 571-331-4394.

**Boy Scouting**

Boy Scout Troop 572 sponsored by Our Lady of Hope is starting up a new scouting year. Boy Scouts is open to boys 6<sup>th</sup> grade through 18 years of age. If your son is interested in earning Merit Badges, monthly campouts, hikes and religious medals please contact Gina DeCrisci-Farmer at [thefarmers5@verizon.net](mailto:thefarmers5@verizon.net). We meet every Monday night in the Parish Hall. For more information see <http://www.troop572.org>.

**Girl Scouts**

Girl Scouts is registering girls for the 2012-13 year. Our Lady of Hope School currently has troops for girls through grade 6. All Girl Scouts are invited to earn the religious medals available through the Catholic Committee on Scouting. Five different religious medals are available. Earning these medals strengthens the values taught by the Church and emphasized in Girl Scouting. To learn more, please contact Jennifer McCabe at 703-404-5580 or [mccabejk@aol.com](mailto:mccabejk@aol.com).

**RELIGIOUS EDUCATION**

703-433-6564

THE RELIGIOUS EDUCATION OFFICE IS  
CLOSED ON FRIDAYS

**Important Dates**

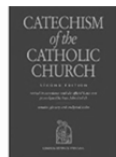
Sept. 7<sup>th</sup>–6-10 p.m. - Confirmation Retreat  
 Sept. 8<sup>th</sup>–9:30 a.m.–6 p.m. – Confirmation Retreat  
 Sept. 11<sup>th</sup> & 12<sup>th</sup>–**Religious Education Classes Begin**  
 Sept. 20<sup>th</sup>–8 p.m. Confirmation Rehearsal  
 Sept. 21<sup>st</sup>–7:30 p.m. - Confirmation Liturgy  
 Oct. 23<sup>rd</sup> & 24<sup>th</sup>–Formation in Christian Chastity  
 Nov. 10<sup>th</sup>–8 a.m.-4 p.m. – Diocesan Catechetical  
 Conference

**Bible Study**

Every Wednesday we have a Bible Study on The Acts of the Apostles, led by Fr. Randy Sly. Please meet in the parish hall at 7:30 p.m. and bring your Bible. The study is open to all adults. For September 5<sup>th</sup>, please read chapter three.



**Everything you wanted to know about the Catholic Church but were afraid to ask.**



Fr. Saunders will conduct the weekly “Inquiry Class” beginning *Thursday, September 27<sup>th</sup>*, at 8:00 p.m. in the parish hall. This one hour class is designed for those who want to know more about the Catholic Faith and may be considering becoming Catholic, and for those Catholics who want a refresher course. Please call the parish office to register so that we can make adequate provisions for everyone.

***Please Pray For...***

The full list of the sick and homebound of our parish has moved to our website, [www.ourladyofhope.net](http://www.ourladyofhope.net). Please use the “Parish” tab and then, “Please Pray For...” to view the full list. Please call the parish office to have a name added or remove. **Please pray for Miklos Nagy, Joseph F. Souza, and Joseph Valdez.**



**Our Lady of Hope Fall Track and Cross Country**

Our Lady of Hope Track and Cross country will begin practice Sunday, September 9<sup>th</sup> at 3 p.m. on the Potomac Falls High School Track. All K-8<sup>th</sup> graders enrolled in Our Lady of Hope School or CCD are eligible to participate. Anyone interested should meet at the track shortly before 3 p.m. For more information, contact Paul Gilmore at [pjgilmore@gmail.com](mailto:pjgilmore@gmail.com).

**YOUTH MINISTRY**

703-433-6770

Like us on Facebook – “OLOH Youth Group”

**High School Youth**

(9<sup>th</sup> -12<sup>th</sup> Graders)

**Mother Teresa Mondays** - (meet in parking lot at 5:45 p.m.)

**September 3<sup>rd</sup>** – Falcon’s Landing

**September 17<sup>th</sup>** - Sportsplex

High School Youth Ministry resumes its weekly schedule this Fall, **starting on Tuesday, September 11<sup>th</sup>**. All high school teens are welcome and encouraged to participate in our parish program. Sessions are held on **Tuesdays from 7:30-9 p.m.** in the gymnasium and as otherwise announced.

According to Diocesan policy, all new volunteers are required to submit the necessary Diocesan paperwork prior to volunteering. Also required is the VIRTUS course. You may sign up and register at [www.virtus.org](http://www.virtus.org) today! Contact the parish office or Fr. Schierer to volunteer.

**Men’s Fellowship of Our Lady of Hope sponsored by the Knights of Columbus**

Beginning September 8<sup>th</sup>, all men of the parish are invited to the St. Thomas More Meeting Room on the first Saturday of each month from **7 until 8:15 a.m.** These Saturday morning gatherings are for connecting with one another to genuinely discuss our lives as Christian gentlemen.

Format includes coffee and donuts followed by talk and discussion. We will wrap-up in time for 8:30 Mass followed by the Sacrament of Penance. You need not be a Knight of Columbus to attend. Moreover, one can be any combination of son, father, husband, uncle, brother, god-father, etc.



**Breakfast and Mass with the Ladies of Hope**

Please join the Ladies Sacred Heart First Fridays Group on September 7<sup>th</sup> for our First Friday Mass and Breakfast. We will attend the 8:30 a.m. Mass and have breakfast together at Delia’s in Countryside. Please meet in the narthex after Mass or at the restaurant. All women of the parish are welcome! For additional information, please contact Cheryl Forbes at [Cheryl.forbes@gmail.com](mailto:Cheryl.forbes@gmail.com).

**Friendly Reminder**

Please be sure to notify the parish office if your address or phone number changes.