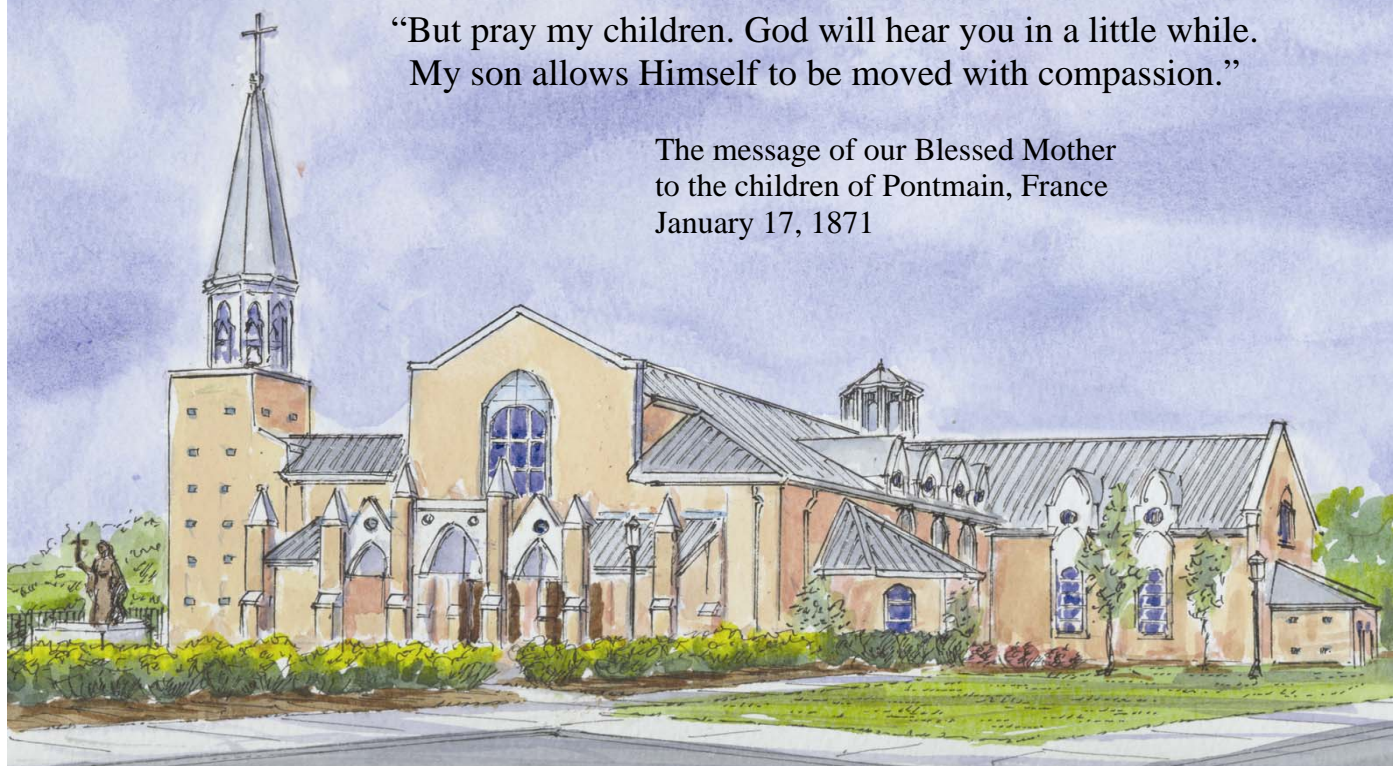


Our Lady of Hope Catholic Church

“But pray my children. God will hear you in a little while.
My son allows Himself to be moved with compassion.”

The message of our Blessed Mother
to the children of Pontmain, France
January 17, 1871



Parish Staff

The Rev. William P. Saunders, Pastor
The Rev. William B. Schierer, Parochial Vicar
The Rev. Randolph W. Sly, Resident
Cathy Plummer, Director of Religious Education
Cathy Barshop, Religious Education &
Youth Ministry Assistant
Pat Sabas, Business Manager
Ben Zumdahl, IT Manager
Alfonso Pena, Facilities Supervisor
Suzanne Yerks, Director of Music
Nancy Burgess, Parish Secretary

The Church & Parish Office

Address: 46639 Algonkian Parkway
Potomac Falls, Virginia 20165
Office Hours: 9:00 a.m. - 4:00 p.m.,
Monday - Friday
Telephone: 703-433-6770
Website: www.ourladyofhope.net

Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m.

Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.
Saturday: 8:30 a.m.
On Federal Holidays Mass is at 8:30 a.m. only.

Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass, during the Thursday evening Holy Hour, and by appointment.

Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:00 p.m.

Holy Hour

Thursday evening from 7:00 – 8:00 p.m.

Our Lady of Hope Catholic School

Mary Beth Pittman, School Principal
Angela Sus, Administrative Assistant
Address: 46633 Algonkian Parkway
Potomac Falls, Virginia 20165
Telephone: 703-433-6760
Website: www.crusaders.ourladyofhope.net

MASSSES OF THE WEEK

Sunday, September 9th: 23rd Sunday in Ordinary Time

7:30 a.m. Special Intention by Laura Danbom
 9:00 a.m. Mary Ann Feeney by Fr. Schierer
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Martha & Raymond Rader by Jane & Bob Rader

Monday, September 10th

6:45 a.m. ☩ Frank Principe by Barbara Principe
 8:30 a.m. ☩ Anne Doran by Paul & Trish Gilmore
 (Mass in Latin)

Tuesday, September 11th

6:45 a.m. ☩ Roy White by the Silk Family
 8:30 a.m. ☩ Clara Dugan by the Saunders Family

Wednesday, September 12th: Most Holy Name of Mary

6:45 a.m. ☩ Horacio Morales, Jr. by Gerry & Teresa Jumat

8:30 a.m. Shannon Callihan by Sherrie Fuller

Thursday, September 13th: St. John Chrysostom

6:45 a.m. ☩ Juanita Morales by Millie Dowell
 8:30 a.m. ☩ Henry C. McGrath by Dr. & Mrs. Edward Edward A. Novak, Jr.

Friday, September 14th: The Exaltation of the Holy Cross

6:45 a.m. ☩ Lawrence & Mary Strawhacker by Kathleen Strawhacker

8:30 a.m. ☩ Nina Emmons by the Our Lady of Hope Catholic School Staff

Saturday, September 15th: Our Lady of Sorrows

8:30 a.m. Ray McMahon by the Burgess Family
 5:00 p.m. ☩ Jenny Krisko by John & Diane Krisko

Sunday, September 16th: 24th Sunday in Ordinary Time

7:30 a.m. ☩ Theresa Zawalick by Laura Danbom
 9:00 a.m. ☩ George V. Mastapeter by the Mastapeter Family
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Phyllis Boudreau by Joe & Barbara Orandello

PARISH GROUP COORDINATORS

Altar Flowers:	Jennifer McCabe	404-5580
Altar Servers:	Jeff Grado	477-9177
Altar Society:	Alfonso & Janeth Pena	406-9835
American Heritage Girls:		
	Heather Ward	571-331-4394
Birthright:	Marsha Slick	433-0034
Book Club:	Linda Neri	430-3952
Boy Scouts:	Gina DeCrisci-Farmer	406-2341
CYO Sports:	Ralph Peluso	729-3385
Girl Scouts:	Jennifer McCabe	404-5580
Homeschoolers:	Stacy Byrne	948-7845
Knights of Columbus:		
	John Jorgensen	282-3874
Ladies of Hope:	Marie Kennedy	433-0864
Lectors:	Paul Gilmore	444-2293
Legion of Mary:	Deborah Baird	430-8554
Outreach:	Donna Bongiovanni	346-1152
Pro-Life:	Bruce Gnatowski	433-5290
St. Joseph's League:		
	Mike & Vicki Egan	430-2651
Seniors:	Mary Ann Murphy	404-8677
Ushers:	John Grzechowiak	444-0023
Young Adults:	Jennifer Wilson	401-4440



Sacrament of Baptism

Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes. Plan to attend the classes before the birth of the child.

What does it mean to be an active Catholic?

Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.



Holy Father's Prayer Intentions for September

General Intention: That politicians may always act with honesty, integrity, and love for the truth. **Missionary Intention:** Help for the poorest Churches. That Christian communities may have a growing willingness to send missionaries, priests, and lay people, along with concrete resources, to the poorest Churches.

Sacrament of Matrimony

In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin. Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.



Ask Your Pastor

Fr. Saunders

“Can the devil know your thoughts and tempt you when he sees weakness?”

Satan cannot act directly on our higher faculties of the soul– the intellect and the will. Even with diabolical possession, Satan can control the body, but the soul remains in suspended animation. Nevertheless, he can act indirectly, meaning he tempts a person to consent to commit sin. A person remains free to give or refuse consent, to reject or fall to temptation. A person must also keep in mind that the Lord will not allow us to be tempted beyond our strength; with God’s grace, a person can always defeat the Devil.

However, Satan can act directly on the body, on our senses, and on the imagination and the memory. So, Satan can observe our behavior and prey upon the weaknesses due to Original Sin (concupiscence)– the eyes (avarice and curiosity), the flesh (passions), and pride. He can afflict our imagination and even dreams; while a person has no control over dreams and would not be culpable for anything dreamed, a person must recognize and reject promptly anything in the imagination that, if accepted and entertained, would be sinful.

Parish Commitment Sunday with Pancakes!

Sunday, September 16th, after all Masses, the Knights of Columbus, will be hosting a pancake breakfast in the parish hall. Our parish organizations will be present to provide information about their organizations and to welcome new volunteers. This is a great opportunity to consider a way in which to serve your parish while enjoying a wonderful pancake breakfast. Free will donations accepted for the breakfast.



Blood Drive

The Knights are sponsoring a blood drive on Sunday, September 16th in the parish meeting room from 8 a.m.-2 p.m. You may sign up after all Masses. Please give the “gift of life!”

Augustine’s Brothers... You are not alone...

Augustine’s Brothers is a group for Catholic men who find it difficult to free themselves from the chains of pornography and other sexual behaviors no matter how hard they try. Augustine’s Brothers is a group of men helping and supporting each other to overcome this powerful force...to become the men God created them to be. For information, call Tim at 727-207-2856 or email augustinesbrothers@hotmail.com.



Little Sisters

St. Joseph’s Home for the Aged works under the guidance of The Little Sisters of the Poor. The Sisters care and address the growing need for seniors on limited income to live as independently as possible for as long as possible while offering them the assurance that help is there when needed. Two Little Sisters of the Poor will be visiting our parish next weekend appealing for your support and help. We invite you to be as generous as possible. For more information, visit the new website: www.littlesistersofthepoorvirginia.org.

Retreat for Women

Please join the Franciscan University of Steubenville DC Alumni Chapter as we gather to pray, reflect, relax, and receive. Our retreat will begin in the Our Lady of Hope Parish Hall after the 8:30 a.m. Mass and confessions on Saturday, September 22nd. Jeanette DeMelo, Editor in Chief of the National Catholic Register, will speak to us on, “The Grandeur of the Ordinary Life.” Jayd Henricks, Director of Government Relations at the USCCB, will speak to us about, “The HHS Mandate, Rights of Conscience and the Power of Prayer.” The cost is \$50 per person. This will include breakfast, lunch and wine. All women are welcome, so bring your friends and fellow parishioners! To register and for more information go to <http://dcretreat.eventbrite.com/>.



Celebrating a Silver or Golden Wedding Anniversary This Year?

Were you married in 1962 or 1987? Then join Bishop Loverde for the 2012 Marriage Jubilee Mass to be celebrated on Sunday, October 14th at 2:30 p.m. at the Cathedral of St. Thomas More. Contact the parish office to register, **no later than September 14th**. Visit www.arlingtondiocese.org/familylife/MJM.php for more information.

Altar Flowers

The altar flowers are donated in celebration of Frank and Melissa Feola’s 20th Wedding Anniversary.

Anglican Use Mass at 5 p.m. on Sundays!



Beginning September 16th, Fr. Randolph Sly will offer an **Anglican Use Mass** at Our Lady of Hope at 5:00 p.m. each Sunday. All Catholics are invited to attend. And yes, this Mass will fulfill your Sunday obligation!

RELIGIOUS EDUCATION

703-433-6564

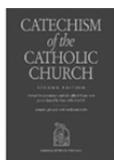
THE RELIGIOUS EDUCATION OFFICE IS
CLOSED ON FRIDAYS**Important Dates****Sept. 11th & 12th–Religious Education Classes Begin****Sept. 20th–8 p.m.** Confirmation Rehearsal**Sept. 21st–7:30 p.m.** - Confirmation Liturgy**Oct. 23rd & 24th–Formation in Christian Chastity****Nov. 10th–8 a.m.-4 p.m.** – Diocesan Catechetical
Conference**Bible Study**

Every Wednesday we have a Bible Study on The Acts of the Apostles, led by Fr. Randy Sly. Please meet in the parish hall at 7:30 p.m. and bring your Bible. The study is open to all adults. For September 12th, please read chapter

three. ***Please note: Come as often as you can, but you are not required to attend every week.***

**Everything you wanted to know about the Catholic Church but were afraid to ask.**

Fr. Saunders will conduct the weekly “Inquiry Class” beginning **Thursday, September 27th**, at 8:00 p.m. in the parish hall. This one hour class is designed for those who want to know more about the Catholic Faith and may be considering becoming Catholic, and for those Catholics who want a refresher course. Please call the parish office to register so that we can make adequate provisions for everyone.

***Please Pray For...***

The full list of the sick and homebound of our parish has moved to our website, www.ourladyofhope.net. Please use the “Parish” tab and then, “Please Pray For...” to view the full list. Please call the parish office to have a name added or remove. Please pray for Miklos Nagy, Joseph F. Souza, and Joseph Valdez.

**Our Lady of Hope Fall Track and Cross Country**

Our Lady of Hope Track and Cross country will begin practice **Sunday, September 9th at 3 p.m.** on the Potomac Falls High School Track. All K-8th graders enrolled in Our Lady of Hope School or CCD are eligible to participate. Anyone interested should meet at the track shortly before 3 p.m. For more information, contact Paul Gilmore at pjgilmore@gmail.com.

**YOUTH MINISTRY**

703-433-6770

Like us on Facebook – “OLOH Youth Group”

High School Youth*(9th -12th Graders)***Mother Teresa Mondays** - *(meet in parking lot at 5:45 p.m.)***September 17th** – Sportsplex**October 1st** – Falcon’s Landing

High School Youth Ministry resumes its weekly schedule this Fall, **starting this Tuesday, September 11th**. All high school teens are welcome and encouraged to participate in our parish program. Sessions are held on **Tuesdays from 7:30-9 p.m.** in the gymnasium and as otherwise announced.

Junior High Youth*(7th and 8th graders)*

Pending parental involvement, the junior high program will soon be commencing. To volunteer or for further information, please contact **Youth@ourladyofhope.net**. Thank you.

We Found a Match!

Thank you again to everyone who supported Our Lady of Hope’s Be The Match Bone Marrow Donor Drive in December 2011. For those who have been wondering, a match has been found for eight year old parishioner Joey Angel who suffers from severe aplastic anemia. Although the donor is not from our parish, the National Marrow Donor Program is grateful for the additions to the registry. Please keep Joey and his family in your prayers as he undergoes a Bone Marrow Transplant in early September. For more information, please visit www.caringbridge.org/visit/joeyangel.

Attention Young Adults!

All married and single young adults in their 20s and 30s are invited to join the *Fiat Young Adults* for great fellowship and fun at our monthly events. Contact Megan at FiatYoungAdults@gmail.com or 843-865-5235 For more information.

Potluck Supper – Join us for food and fellowship in the Our Lady of Hope parish hall Sunday, September 16th at 6 p.m. Please bring a covered dish to share, drinks will be provided.

Fall Hike– Help us usher Fall in with a hike on the Maryland Heights Trail in Harper's Ferry, WV. Meet in the Narthex at Our Lady of Hope following the 8:30 a.m. Mass on Saturday, September 22nd. Please be sure to bring a bottle of water and a sack lunch.