

Steps to Completing Your Service Requirements



1. Determine the service option(s) you would like to pursue.
2. Submit your service proposal to the Religious Education Office for approval.
3. Complete your service work, making sure you take photos or videos of yourself performing your service hours.
4. Reflect on how your act of service was a response to God's love and how you mirrored God's love to others.
5. Prepare a slideshow or video presentation of your service and reflection. See FAQ for details.
6. Submit your final presentation via email to the Religious Education Office by the due date.

Frequently Asked Questions

- **How many hours do I need to serve?**

You need to serve 10 hours each for 7th & 8th grades. Service hours may be a combination of different volunteer activities or doing one specific volunteer activity.

- **Are there any restrictions on how or where I can serve?**

Volunteering in events or organizations that advocate for causes contrary to the Faith are prohibited. To ensure that the service hours are accepted, please submit the Service Proposal to the RE Office for approval before volunteering.

In addition, please make sure that the organization or people involved in your service activity are aware that you will be taking videos/photos of your volunteer work.

- **Can I organize a collection of goods or donations for an organization at the Parish or at RE/School?**

No. Collection of goods or donations at the Parish are reserved for Parish Outreach, Knights of Columbus and Ladies of Hope. We require more active service activities that will encourage students to make a sacrificial gift of self in response to God's love.

- **What should be included in the final presentation?**

The final presentation will be in the form of a slide show or video presentation. The presentation should include photos or videos of the student volunteering. The following must be included in the final presentation:

- Description of the service activity, including specifics on the student's contributions.
- Explanation of why the student chose the service activity and the impact it had on others.
- Reflection on the service activity that answers the questions: *How was my act of service a response to God's love and how did I reflect God's love to others?*

Service is a Response to God's Love

For the Catholic disciple preparing for Confirmation, Service is not just busy work but a response to God's love and an opportunity to reflect God's love to others.

Choose from the service options below. Service hours must total 10 hours for the year and performed free of charge. Helping family members such as grandparents will not count as this should be done willingly without the purpose of earning service hours.

1

Serve in the parish

Look for ways to serve in the parish as an altar server, usher or at different Church events. Check your email for volunteer requests from the RE Office.



2

Serve a worthy cause

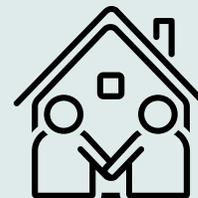
Volunteer at Birthright, Falcon's Landing or any pre-approved organization. Help the homeless or the military with care packages.



3

Help a neighbor

Do you have an elderly or disabled neighbor who could use some help with gardening or meals or other tasks? As long as you do this for free, it will count!



4

Use your talents

Do you have a special talent for art, music or dance? Bring some cheer by sharing your gifts by making cards for the homebound or performing for nursing homes.



5

Be creative

Service projects are not limited to the above ideas, but make sure to get your project approved before volunteering.



QUESTIONS?
Contact Jackie Regan: 703.433.6770 or jregan@ourladyofhope.net