

HOLY HOUR

FOR CHILDREN



Based on an original design by Carol Anne Jones
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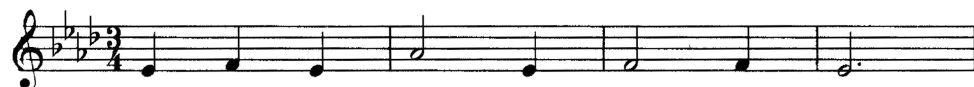
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The Religious Education Program
Our Lady of Hope Catholic Church
Potomac Falls, VA



Adoration of Jesus
in the Most Blessed Sacrament of the Altar

O SALUTARIS HOSTIA

(Please kneel)



1. O sa - lu - tá - ris hó - sti - a,
2. U - ni - tri - nó - que Dó - mi - no



1. Quae cae - li pan - dis ó - sti - um:
2. Sit sem - pi - tér - na gló - ri - a,



1. Bel - la pre - munt ho - stí - li - a,
2. Qui vi - tam si - ne tér - mi - no



1. Da ro - bur, fer au - xí - li - um.
2. No - bis do - net in pá - tri - a. A - men.

Verse 1 in English:

O saving Victim, who opens the gates of heaven, when the enemy overpowers us in battle, give us strength, bring us aid.

Verse 2 in English:

To the Lord, One-in-Three, be everlasting glory, who gives us life without end in our true homeland. Amen.

HOLY GOD, WE PRAISE THY NAME

(Please stand)



1. Ho - ly God, we praise thy name; Lord of
2. Hark! The loud ce - les - tial hymn An - gel
3. Ho - ly Fa - ther, Ho - ly Son, Ho - ly



1. all, we bow be - fore thee! All on earth thy
2. choirs a - bove are rais - ing, Cher - u - bim and
3. Spir - it, Three we name thee; While in es - sence



1. scep - ter claim, All in heav'n a - bove a -
2. ser - a phim, In un - ceas - ing cho - rus
3. on - ly One, Un - di - vid - ed God we



1. dore thee; In - fi - nite thy vast do - main,
2. prais - ing; Fill the heav'ns with sweet ac - cord:
3. 'claim thee; And a - dor - ing, bend the knee,



1. Ev - er - last - ing is thy reign.
2. "Ho - ly, ho - ly, ho - ly Lord."
3. While we own the mys - ter - y.



- R. Blessed be His Most Precious Blood.**
- R. Blessed be Jesus in the Most Holy Sacrament of the Altar.**
- R. Blessed be the Holy Spirit, the Paraclete.**
- R. Blessed be the great Mother of God, Mary most holy.**
- R. Blessed be her holy and immaculate conception.**
- R. Blessed be her most glorious assumption.**
- R. Blessed be the Name of Mary, Virgin and Mother.**
- R. Blessed be St. Joseph, her most chaste spouse.**
- R. Blessed be God in His angels and in His saints.**
- R. May the heart of Jesus, in the Most Blessed Sacrament of the Altar, be praised, adored, and loved, with grateful affection, at every moment, in all the tabernacles of the world, even until the end of time. Amen.**

PRAYERS IN ADORATION

(Please kneel)



PRIEST (V.): Dear Jesus, You prayed in the Garden of Gethsemane the night before You died. That night You asked Your friends, the Apostles, to pray with You, saying, "Could you not watch one hour with Me?" Dear Jesus, may we watch with You now? As Your friends, we want to be with You and make up for Your sufferings on the Cross. We are here to love You and adore You in the Most Blessed Sacrament, to thank You, to pray for all people in the world, and to pray for peace in all our hearts.

ALL (R.): Amen.

V. Let us ask the angels to assist us:

R. Holy angels, keep us company and help us to praise Jesus, our Dear Lord, in the Most Blessed Sacrament.

V. You are here, dear Lord Jesus, in the Most Blessed Sacrament, Body, Blood, Soul, and Divinity.

R. We adore You, O Jesus.
 V. You are Our Lord and God.
R. We adore You, O Jesus.
 V. You are the Second Person of the Blessed Trinity.
R. We adore You, O Jesus.
 V. You are both God and Man.
R. We adore You, O Jesus.
 V. You come to us in Holy Communion.
R. We adore You, O Jesus.
 V. You are always in the Tabernacle.
R. We adore You, O Jesus.
 V. You made up for all our sins in Your Sacrifice on the Cross.
R. We adore You, O Jesus.
 V. You obtained grace for us through Your Sacrifice on the Cross.
R. We adore You, O Jesus.
 V. You continue to offer Yourself to God the Father as the Perfect Sacrifice at Holy Mass, with love for each of us.
R. We adore You, O Jesus.
 V. Jesus, meek and humble of Heart,
R. Make our hearts like unto Thine.

BENEDICTION OF JESUS IN THE
 MOST BLESSED SACRAMENT OF THE ALTAR

V. You have given them Bread from Heaven.
R. Having all sweetness within it.
 V. Let us pray. Lord Jesus Christ, You gave us the Holy Eucharist as the memorial of Your suffering and death. May our worship of this sacrament of Your Body and Blood, help us to experience the salvation You won for us and the peace of the kingdom where You live with the Father and the Holy Spirit, one God, for ever and ever.
R. Amen.

<p>† <i>When the priest blesses you with the Holy Eucharist you should make the sign of the cross.</i></p>
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THE DIVINE PRAISES
(All recite together)

R. Blessed be God.
R. Blessed be His Holy Name.
R. Blessed be Jesus Christ, true God and True Man.
R. Blessed be the Name of Jesus.
R. Blessed be His Most Sacred Heart.

Tantum Ergo

1. Tan - tum er - go Sa - cra - mén - tum Ve - ne - ré - mur
2. Ge - ni - tó - ri, Ge - ni - tó - que Laus et ju - bi -

1. cér - nu - i: Et an - tí - quum do - cu - mén - tum
2. lá - ti - o, Sa - lus, ho - nor, vir - tus quo - que

1. No - vo ce - dat rí - tu - i: Prae - stet fi - des
2. Sit et be - ne - dí - cti - o: Pro - ce - dén - ti

1. sup - ple - mén - tum Sén - su - um de - fé - ctu - i.
2. ab u - tró - que Com - pár - sit lau - dá - ti - o. A - men.

Verse 1 in English:

Humbly let us voice our homage For so great a sacrament;
Let all former rites surrender To the Lord's New Testament;
What our senses fail to fathom, Let us grasp through faith's
consent!

Verse 2 in English:

Glory, honor, adoration Let us sing with one accord!
Praised be God, almighty Father; Praised be Christ, His Son, our
Lord; Praised be God the Holy Spirit; Triune Godhead be adored!
Amen.



GOSPEL READING

(Please stand)

V. The Lord be with you.

R. **And also with you.**

V. A Reading from the Holy Gospel according to *N.*

R. **Glory to you, O Lord.**

V. The Gospel of the Lord.

R. **Praise to you, Lord Jesus Christ.**

HOMILY

(Please be seated)

A MOMENT OF SILENT PRAYER

(Please kneel)



“Let the children come to me”

ACT OF THANKSGIVING

- V. We thank You, dear Jesus, for the gift of our Faith and our Holy Catholic Church.
- R. We thank You, dear Jesus.**
- V. We thank You, dear Jesus, because You are truly Present in the Holy Eucharist.
- R. We thank You, dear Jesus.**

- V. We thank You, dear Jesus, because You offer Yourself to God the Father at Holy Mass.
- R. We thank You, dear Jesus.**
- V. We thank You, dear Jesus, because You come to us in Holy Communion.
- R. We thank You, dear Jesus.**
- V. We thank You, dear Jesus, because You remain always in the Tabernacle of the altar.
- R. We thank You, dear Jesus.**
- V. We thank You, dear Jesus, because of Your Great Love.
- R. We thank You, dear Jesus.**
- V. We thank You, dear Jesus, because of Your Sacred Heart.
- R. We thank You, dear Jesus.**
- V. We thank You, dear Jesus, for the gift of your holy Mother Mary, full of grace, who conceived by the power of the Holy Spirit and bore You, true God and true man.
- R. We thank You, dear Jesus.**
- V. We thank You, dear Jesus, for the gift of Saint Joseph, Your foster father, who guarded You and protected You.
- R. We thank You, dear Jesus.**
- V. Sweet Heart of Jesus, we place our trust in You! Grant that we may love You more and more!