

Act of Faith

O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because you revealed them, who can neither deceive nor be deceived.

Act of Hope

O my God, relying on your infinite goodness and promises, I hope to obtain pardon of my sins, the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

Act of Love

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured.

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin.

The Divine Praises

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.

Prayer For All Children

Lord, I desire that all children of the world who have never heard your name may receive the chance to know you, the Creator of their being and their loving Father. Amen.

Pardon Prayer

My God, I believe, I adore, I trust and I love Thee! I beg pardon for those who do not believe, do not adore, do not trust, and do not love Thee.

My Prayer for Others

I adore you, O Lord, truly present in the Eucharist, and I pray for all those who do not yet recognize your presence here in the monstrance.

Petitions to the Sacred Heart

O most Sacred Heart of Jesus, pour down Thy blessings abundantly upon Thy Church, upon our Holy Father, and upon the clergy; give perseverance to the just; convert sinners; enlighten unbelievers; bless our parents, friends, and benefactors. Help the dying; free the souls in Purgatory; and extend over all hearts the sweet empire of Thy love. Amen.

Fatima Prayers *(taught to the children by an angel)*

Most Holy Trinity I adore you. My God, My God, I love you in the most Blessed Sacrament. Most Holy Trinity, Father, Son, and Holy Spirit, I adore Thee profoundly and offer Thee the most precious Body, blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world today, in reparation for the outrages, sacrileges and indifference with which He Himself is offended. And through the infinite merits of His most Sacred Heart and of the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.

O Sacrament Most Holy

O Sacrament most holy, O Sacrament Divine, all praise and all thanksgiving be every moment thine!

Angel of God

Angel of God, my guardian dear, to whom God's love entrusts me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Prayer to My Creator

Lord, my God, I get so distracted by many things throughout the day that I even forget your existence! I'm sorry, Lord! I want to adore you as the Creator of the universe and the Creator of my very being. I thank you for giving me a spirit created in your own image so that I can discover you, the source and ultimate end of what exists. Amen.

Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.



*Our Lady of Hope Catholic Church
Religious Education*

**Prayers for
Children's Adoration**