

Our Lady of Hope Catholic Church

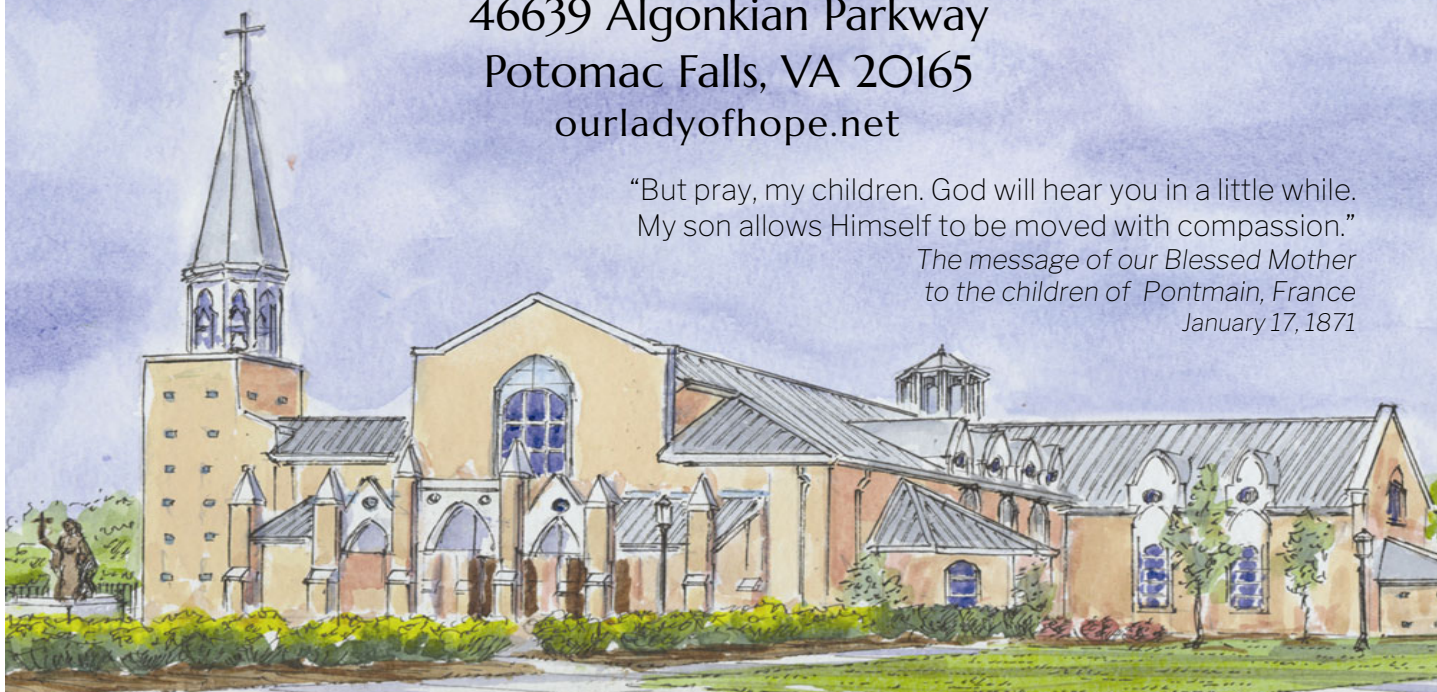
46639 Algonkian Parkway

Potomac Falls, VA 20165

ourladyofhope.net

“But pray, my children. God will hear you in a little while.
My son allows Himself to be moved with compassion.”

*The message of our Blessed Mother
to the children of Pontmain, France
January 17, 1871*



4th Sunday in Ordinary Time

January 31, 2021

Pastor

Reverend Anthony J. Killian

Parochial Vicar

Reverend Jordan M. Willard

Deacon

Deacon Marco M. Rajkovich

Parish Office

Monday-Friday

9:00 a.m. - 5:00 p.m.

703-433-6770

Religious Education Office

Monday-Thursday

9:00 a.m. - 4:00 p.m.

703-433-6564



Our Lady of Hope
Catholic School

A National Blue Ribbon School

46633 Algonkian Parkway

Potomac Falls, VA 20165

703-433-6760

ourladyofhopeschool.net

school@ourladyofhope.net

Principal

Mary Beth Pittman

Office Manager

Angela Matzke

Sunday Masses:

Saturday Evening

5:00 p.m. (Vigil)

Sunday

7:30, 9:00 & 10:30 a.m.

12:15 p.m.

Daily Masses

Monday-Saturday

8:30 a.m.

The following Masses are available via

live stream at ourladyofhope.net/stream

Sunday: 9:00 & 10:30 a.m.

Monday-Saturday: 8:30 a.m.

7:00 p.m. until line ends

9:00 a.m. until line ends

Sacrament of Penance

Thursdays

Saturdays

By appointment:

Call the office to schedule.

Adoration of the Blessed Sacrament

Thursdays 9:00 a.m.—8:00 p.m.

Rosary

Preceding the 8:30 a.m. daily Mass

Parish Registration

If you are not registered, please pick up a form in the parish office or from the information rack in the narthex.

Text-to-Give: Text the amount you would like to give to 703-343-9211.

MASSES OF THE WEEK

Sunday, January 31:

7:30 a.m. +Thomas Zawalick
9:00 a.m. Mass for the People of Our Lady of Hope
10:30 a.m. John Bobay
12:15 p.m. +Laurence Francis Fitzgerald

Monday, February 1:

8:30 a.m. Jennifer Wolf

Tuesday, February 2: *Presentation of the Lord*

8:30 a.m. +Joseph Principe

Wednesday, February 3: *St. Blaise*

8:30 a.m. +Asher Austin

Thursday, February 4:

8:30 a.m. Jim Muskett

Friday, February 5: *St. Agatha*

8:30 a.m. Sherry Grasson

Saturday, February 6: *St. Paul Miki and Companions*

8:30 a.m. Therese Bracken

5:00 p.m. +Calvin Adams

*To schedule a Mass for 2021, please visit the parish office.
The 2022 Mass book will open in April 2021.*

PARISH STAFF

Fr. Anthony Killian
Pastor x138
frkillian@ourladyofhope.net

Fr. Jordan Willard
Parochial Vicar x128
frwillard@ourladyofhope.net

Jackie Regan
Director of Religious Ed. x124
jregan@ourladyofhope.net

Lisa Orosa
Religious Ed. Assistant x129
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Pat Sabas
Business Manager x140
psabas@ourladyofhope.net

Alfonso Peña
Facilities Manager x131
apena@ourladyofhope.net

Suzanne Yerks
Director of Music x134
syerks@ourladyofhope.net

Laurie Berstene
Parish Secretary x126
secretary@ourladyofhope.net

Shaun Silk
Youth Ministry Assistant
ssilk@ourladyofhope.net

The altar flowers are offered to the glory of God
and in loving memory of

Julie Flemming

by Mark Emmett

PARISH INFORMATION

What does it mean to be an active Catholic? Those seeking to celebrate Marriage, have children baptized, or have a letter signed to serve as sponsors for Confirmation or Baptism should be parishioners and active, practicing Catholics. *To be considered active, one must have been registered in the parish for at least three months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations.

In a community as large as Our Lady of Hope, our most effective means of verifying active participation is through the use of parish offertory envelopes or electronic giving, such as Faith Direct. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.

PREPARING FOR SACRAMENTS

Baptism & Baptism Class: Baptisms are held on Sundays at 1:30 p.m. The baptism class for parents is held one Saturday a month at 11:00 a.m. Please call the Parish Secretary to pre-register for the next available class.

Sacrament of Matrimony: In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of three months is required *before* preparation may begin. Couples who are living together will be asked to live separately during the preparation time as living together before marriage is sinful and harmful to the future marriage.

First Communion: For Children: Generally, First Communion is received when a child is in second grade. Preparation for First Communion is a two year process, and students must complete both first and second grade classes before receiving Holy Communion. Please contact the Religious Education Office with questions.

Sacramental Preparation for Adults (RCIA): Adults who wish to receive Baptism, First Communion, and/or Confirmation are invited to attend the Inquiry Class on Thursday evenings. Please contact the Parish Secretary or visit the website to register.

Ash Wednesday Schedule

Mass with Distribution of Ashes
8:30 a.m. and 7:00 p.m.

Liturgy of the Word with Distribution of Ashes
5:00 p.m.

Due to safety concerns as the coronavirus pandemic continues, the distribution of ashes will be modified according to guidance from the Holy See. Ashes will be sprinkled on top of the head. All those receiving ashes are expected to approach the minister wearing a mask. The minister will be wearing a mask as well.

As a reminder, those who are at greater risk of getting the virus due to age or compromising health conditions are urged to attend Masses by way of our live streaming service. They should avoid large gatherings, including the Mass. Let us keep this in mind as we continue to pray for a quick end to the pandemic. We continue to pray for all those who have died as a result of the virus as well as those who are sick.

The praying of the Stations of the Cross will take place on Friday evenings at 7:00 p.m.

SEPARATED? DIVORCED? WIDOWED?

The Rebuilding Program sponsored by the Diocese of Arlington Office of Marriage, Family, and Respect Life helps people of all faiths who are separated, divorced, or widowed and want to move on with their lives. We are adapting our program to the pandemic, and we're hoping to offer an eight week program starting Sunday, April 11, meeting Sunday afternoons from 2-5PM. The location of our meetings is not yet determined, and is likely to be a combination of Zoom, some outdoor locations, and if situations allow, some indoor meetings. Topics include adaptation, grief, anger, self-worth, openness, love, and relatedness. Visit copingrebuilding.com or email facilitator@copingrebuilding.com for more information. If you are or may be interested, please register at our website so we can judge the interest level as we try to plan for the alternative format this year.

OFFERTORY GIVING ALERT

Offertory collections have drastically declined during the pandemic across all parishes in the Diocese, and Our Lady of Hope is no exception. We depend heavily on those donations on a weekly basis and our collections have diminished significantly. These are challenging times for all and it is understandable that some of our parish families are experiencing financial difficulties. Additionally, in-person attendance at Masses has been reduced due to COVID-19 concerns. Nevertheless, our daily expenses continue, even though we have made adjustments. This new year is filled with hope and promise – opportunities abound to grow our vital ministries, explore new ways to share the good news of Christ's love, and reflect His care and mercy to those in need throughout the community. We can make a difference in 2021 with these new challenges.

The parish vitally depends on offertory donations from caring individuals like you. Please be generous to the extent that your means can provide. If you have been unable to make in-person weekly offerings, we prayerfully request that you consider signing up for eGiving and setting up your recurring offertory donation. You can use eGiving from your computer, smartphone or tablet for recurring and one-time gifts. Sign up today by visiting membership.faith.direct/VA79, or text Enroll to (703) 343-9211.

REMINDERS FOR THOSE ATTENDING MASS

OUR LADY OF HOPE | FALL 2020

Wear a Mask



All those ages ten and older should wear a face covering while in the church building. Many of our senior parishioners have shared that they would like to return to Mass, but they are fearful others are not wearing masks. Please help your brothers and sisters in Christ feel comfortable returning to Mass by honoring this request.

Social Distance

Please maintain at least six feet of space between your household and the next. Be mindful of distancing when entering, leaving, and during the Communion Procession. Do not sit in the pews that are roped off.



Receive Communion in the Hand



Please prayerfully consider receiving Communion on the hand during this time. It would be a sacrificial act of love for those who normally receive on the tongue to temporarily receive in the hand.

Please sanitize your hands before receiving Communion, if possible.

Bishop Burbidge's dispensation from the obligation to attend Mass on Sunday and Holy Days of Obligation remains in place.

HYMNS

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ENTRANCE: PRAISE TO THE LORD

Joachim Neander, 1650-1680
tr. by Catherine Winkworth, 1827-1878, alt.

Praise to the Lord,
the Almighty, the King of creation;
O my soul, praise him,
for he is thy health and salvation.
All ye who hear,
now to his altar draw near,
Joining in glad adoration.

Praise to the Lord,
who doth prosper thy work & defend thee;
Surely his goodness and mercy
shall daily attend thee.
Ponder anew
what the Almighty can do,
Who with his love doth befriend thee.

Praise to the Lord, who o'er all things
so wondrously reigneth,
Shelters thee under his wings,
yea so gently sustaineth.
Hast thou not seen
all that thou needest hath been
Granted in what he ordaineth?

Praise to the Lord!
O let all that is in me adore him!
All that hath life and breath
come now with praises before him!
Let the Amen
Sound from his people again,
Now as we worship before him.

OFFERTORY: JESUS, MY LORD, MY GOD, MY ALL

Frederick W. Faber, 1814-1863 | Romisch-Katholiches Gesangbuchlein, 1826

Jesus, my Lord, my God, my All,
How can I love thee as I ought?
And how revere this wonderful gift,
So far surpassing hope or thought?

Refrain:
Sweet Sacrament, we thee adore;
Oh, make us love thee more and more.
O make us love thee more and more.

Had I but Mary's sinless heart
To love thee with, my dearest King,
Oh, with what bursts of fervent praise
Thy goodness, Jesus, would I sing.

Thy Body, Soul, and Godhead, all,
O mystery of love divine.
I cannot compass all I have,
For all thou hast and art are mine.

COMMUNION: O JESUS, WE ADORE THEE

Irvin Udulutsch, 1920-2010 | Refrain from the Raccolta | Text (c) 1985, The Basilian Fathers
Gesangbuch, Fulda, 1891

O Jesus, we adore thee, who in thy love divine,
Conceal thy mighty Godhead in forms of bread and wine.

Refrain:
O sacrament most holy, O sacrament divine,
All praise and all thanksgiving be ev'ry moment thine!

O Jesus, we adore thee, our victim and our priest,
Whose precious blood and body become our sacred feast.

O Jesus, we adore thee, our Savior and our King,
And with the saints and angels a humble homage bring.

O Jesus we adore thee, come live in us, we pray,
That all our thoughts and actions be thine alone today.

O come, all you who labor in sorrow and in pain;
Come, eat this bread from heaven, your peace and strength regain.

RECESSIONAL: HAIL TO THE LORD'S ANOINTED

James Montgomery, 1771-1854, alt | Mainzer Gesangbuch, Mainz, 1833

Hail to the Lord's Anointed,
Great David's greater Son!
Hail in the time appointed,
God's reign on earth begun!
Christ comes to break oppression,
to set the captive free;
To take away transgression,
And rule in equity.

He shall come down like showers
Upon the fruitful earth,
And joy and hope, like flowers,
Spring in his path to birth:
Before him on the mountains
Shall peace, the herald, go;
And righteousness in fountains
From hill to valley flow.

Kings shall bow down before him,
And gold and incense bring;
All nations shall adore him,
His praise all peoples sing;
To him shall prayer unceasing
And daily vows ascend;
His kingdom still increasing,
A kingdom without end.

PEOPLE IN THE PEWS

Family of the month
Congratulations to the Grado Family, the Knights of Columbus January Family of the Month! Jeff and Dona and their daughters, Isabella and Sophia, have been part of the Our Lady of Hope family since 2000. Jeff serves in many roles, including Altar Server coordinator, director of priestly vocations, and an extraordinary minister of Holy Communion. Isabella, a senior at UVA, is active in her local campus ministry, and recently led a parish wide consecration to the Blessed Mother, which ended on the feast of Our Lady of Hope. She is excited to begin working as a FOCUS missionary this fall. Sophia, who will be attending a conservatory for performing arts in the fall, sings as a cantor and soloist for in our music ministry. And of course, Dona's love and support keep things running smoothly for the family. She and Jeff are a model of what it means to live out strong Catholic values for both their daughters and the parish community. Congratulations again to Jeff, Dona, Isabella, and Sophia!

Knight of the Month
Our Lady of Hope Council is honored to name Brother John Sliwinski Knight of the Month for the month of January. John has been a Knight since 2010, and he represents Bl. Father McGivney's true virtues of a Knigh by exemplifying Charity, Unity, and Fraternity in his actions and deeds. John is always willing to contribute his time, talent, and treasure to our council and our parish, serving as both council Advocate and Faithful Comptroller of the John Paul II Assembly. John also led the parish's "Into the Breach" program, raising over \$300 for a parishioner serving as a FOCUS missionary.

DEUTERONOMY 18:15-20

Moses spoke to all the people, saying:
“A prophet like me will the LORD, your God, raise up for you
from among your own kin;
to him you shall listen.
This is exactly what you requested of the LORD, your God, at Horeb
on the day of the assembly, when you said,
‘Let us not again hear the voice of the LORD, our God,
nor see this great fire any more, lest we die.’
And the LORD said to me, ‘This was well said.
I will raise up for them a prophet like you from among their kin,
and will put my words into his mouth;
he shall tell them all that I command him.
Whoever will not listen to my words which he speaks in my name,
I myself will make him answer for it.
But if a prophet presumes to speak in my name
an oracle that I have not commanded him to speak,
or speaks in the name of other gods, he shall die.’”

RESPONSORIAL PSALM

Ps. 95:1-2, 6-7, 7-9

R./ If today you hear his voice, harden not your hearts.

1 CORINTHIANS 7:32-35

Brothers and sisters: I should like you to be free of anxieties. An unmarried man is anxious about the things of the Lord, how he may please the Lord. But a married man is anxious about the things of the world, how he may please his wife, and he is divided. An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit. A married woman, on the other hand, is anxious about the things of the world, how she may please her husband. I am telling you this for your own benefit, not to impose a restraint upon you, but for the sake of propriety and adherence to the Lord without distraction.

MARK 1:21-28

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!” Jesus rebuked him and said, “Quiet! Come out of him!” The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, “What is this? A new teaching with authority. He commands even the unclean spirits and they obey him.” His fame spread everywhere throughout the whole region of Galilee.

VIRTUAL OPEN HOUSE



Second grade students learn about the Sacrament of Baptism with Fr. Willard

Families interested in K-6th sixth grade for the 2021-2022 School Year are invited to Our Lady of Hope School's Virtual Fall Open House on Tuesday, February 2 at 9:30 a.m. We offer a strong Catholic identity and a STEM-Focused curriculum designed for success. Integrated teaching styles and a small, family-friendly atmosphere allow teachers to partner with parents and educate your child for now and for eternity. Join a conversation with our principal, participate in a Q&A, take a virtual tour, and learn more about what a Catholic education can offer your child.

Registered families at Our Lady of Hope receive in-parish tuition rates.

Please RSVP at ourladyofhopeschool.net/visit-us/ and put *Virtual Fall Open House* RSVP in the comments.

ST. JOHN NEUMANN PRESCHOOL



Enrollment for the 2021-2022 school year at St. John Neumann Catholic Pre-school in Reston is open! If you are looking for a Catholic, half-day, nurturing preschool for your child ages 2 1/2 to 4 years old, please visit saintjn.org/preschool to get more information. To schedule a tour, contact the pre-school office at 703-860-6158 or email preschool@saintjn.org

PRAYER LIST

Please pray for all those who serve our community and country, and all the sick & homebound members of our parish. Please also pray for vocations and for all the priests in our diocese, especially our parish seminarians: Aaron de Sa, James Joseph, and John Meyerhofer.



For those in need of prayer: Tom Beal, Anna Carillo, Rocina Daez, Bill and Mercy Delaney, Alan Damascus, Johanna DeCrisci, Kristin Grasson, Jane Marinich, Pauline McAnallen, Joseph Mehan, JoAnn Nelson, Bill & Susan Pruzensky, Joel Pulliam, Michael Rios, Sophia Rose, Kathy Schmitt, Kenny and Joy Stevens, and for those whose suffering is known only to God.

For those who have died: Jamie Conover Stewart; Mark Overton, brother of Mary Beth Pittman; Pat Morin, and for all the Poor Souls in Purgatory.

Visit ourladyofhope.net/prayer to add a name to the prayer list.

GROUPS AND MINISTRIES

Altar Servers	Jeff Grado	703.477.9177
Altar Society	Alfonso & Janeth Pena	571.375.2650
American Heritage Girls	ahgtroopva1975@gmail.com	
Area Agency on Aging	Rich Payne	703.887.9765
Birthingright	Mary Lynn Linzmeyer	703.431.2247
Boy Scouts	Mark Lavery	202.302.5260
Cub Scouts	Matthew Koehler Elise Chawaga	913.908.6798 571.215.5149
Culture of Life	Fran Black	703.726.1643
CYO Sports	Raynelle Araque	703.404.3442
Empty Nesters/50+	Donna Bongiovanni Therese Bracken	703.346.1152 703.444.1977
Gift Shop	Sherry Grasson	571.213.4620
Homeschoolers	Heather Ward	571.331.4394
Jr. Legion of Mary	Virginia Rowell	703.629.4168
Knights of Columbus	Jay Tippet	703.629.7954
Ladies of Hope/ENDOW	Marie Kennedy	703.433.0864
Lectors	Fran Labate	703.470.6389
Legion of Mary		
Moms' Group	Chris Bongiovanni Liz Andersen	917.301.3287 571.269.5193
Parish Service Partnership	psp@ourladyofhope.net	
Ushers	John Grzechowiak	703.444.0023
Fiat Young Adults	youngadults@ourladyofhope.net	

Pregnant and need help?

Help is available through the Gabriel Project at 703-841-3810 or visit at helpforpregnantwomen.org

Want to help? Email info@h4pw.org

Healing after the choice?

Find compassionate, non-judgmental, confidential hope & healing through Project Rachel at 703-841-2504, or visit helpafterabortion.org



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ST. JOHN NEUMANN RECTORY COOK

St. John Neumann (western Fairfax County) is hiring a part-time rectory cook for weeknight dinners (Monday-Thursday). Please call 703-860-6157 for more information.

CONTINUED FROM PAGE 4

John regularly serves the parish as a lector and usher.

Brother Sliwinski's deep faith is embedded in his work ethic as a Knight, making him a true role model and strengthening his brother Knights, which in turn strengthens the families in our parish. He is a true Catholic gentleman, and we are profoundly grateful for his actions and contributions to the Our Lady of Hope council and parish family.



Encourage ONE ANOTHER BY WORD AND DEED

This month the mailing for the 2021 Bishop's Lenten Appeal (BLA) was sent to all registered diocesan households. The theme this year is "Encourage One Another by Word and Deed." After reflecting upon the blessings that God has given you, please prayerfully consider making a pledge to this important appeal that funds many programs and ministries that serve thousands of people in our diocese. Together, through the BLA, let us renew our personal commitment to furthering the Mission of our Lord Jesus throughout our diocese. You may go online to make a donation at: arlingtondiocese.org or scan the QR code below: using your phone's camera app:



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Jim Arata
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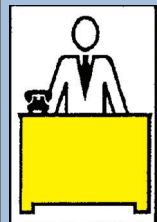
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Christina Rouse, DVM
 Stephanie Twombly, LVT

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