

# Our Lady of Hope Catholic Church

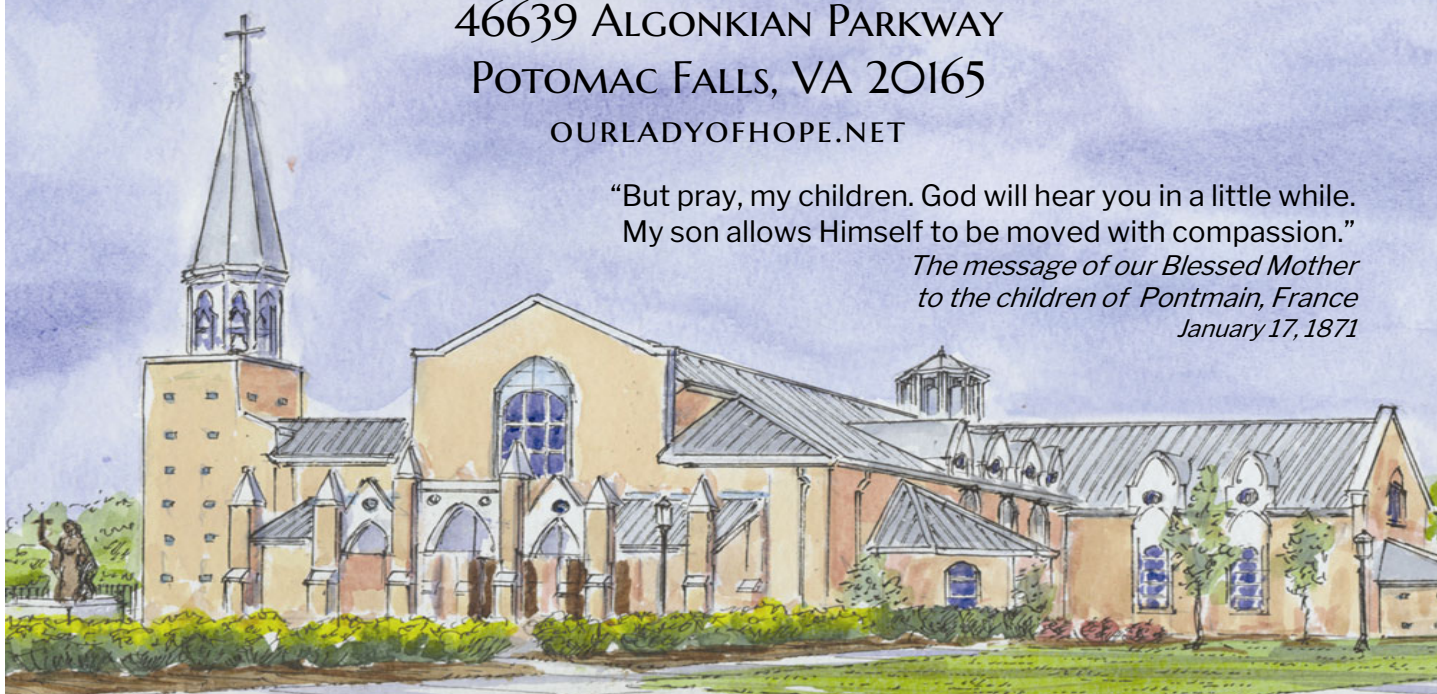
46639 ALGONKIAN PARKWAY

POTOMAC FALLS, VA 20165

OURLADYOFHOPE.NET

“But pray, my children. God will hear you in a little while.  
My son allows Himself to be moved with compassion.”

*The message of our Blessed Mother  
to the children of Pontmain, France  
January 17, 1871*



THE MOST HOLY TRINITY

JUNE 16, 2019

## Pastor

The Rev. William P. Saunders

## Parochial Vicar

The Rev. Nicholas J. Schierer

## Parish Office

Monday-Friday  
9:00 a.m. - 5:00 p.m.  
703-433-6770

## Religious Ed. Office

Monday-Thursday  
9:00 a.m. - 4:00 p.m.  
703-433-6564

## Our Lady of Hope Catholic School



*A National  
Blue Ribbon School*

46633 Algonkian Parkway  
Potomac Falls, VA 20165  
703-433-6760  
[ourladyofhopeschool.net](http://ourladyofhopeschool.net)  
[school@ourladyofhope.net](mailto:school@ourladyofhope.net)

## Principal

Mary Beth Pittman

## Office Manager

Angela Matzke

## Sunday Masses

Saturday 5:00 p.m. (Vigil)  
Sunday 7:30, 9:00 & 10:30 a.m.  
12:15 p.m.

## Daily Masses

Monday, Wednesday & Friday 6:45 & 8:30 a.m.  
Tuesday & Thursday 8:30 a.m. & 5:15 p.m.  
Saturday 8:30 a.m.  
*On Federal Holidays Mass is offered at 8:30 a.m. only.*

## Sacrament of Penance

Thursdays 7:30 p.m. until line ends  
Saturdays 9:00 a.m. until line ends  
By appointment: Call the Parish Office to schedule.

## Devotions

### Adoration of the Blessed Sacrament

Thursdays 9:00 a.m. - 5:00 p.m.

### First Friday Mass

5:15 p.m.

### Rosary

Following the 8:30 a.m. daily Mass

### Parish Registration

We invite you to register as part of our parish community.  
Forms are available in the parish office or in the in the narthex.

**Formed.org Parish Code:** DMWYBP    **FaithDirect Parish ID:** VA79

**Text-to-Give:** Text the amount you would like to give to 703-343-9211.

A live stream of the 10:30 a.m. Mass is available at [ourladyofhope.net](http://ourladyofhope.net)

*Masses of the Week***Sunday, June 16:** *The Most Holy Trinity*

7:30 a.m. +Marlene Kennedy by Patrick Kennedy  
 9:00 a.m. Father's Day Novena  
 10:30 a.m. Living and Deceased Parishioners  
 12:15 p.m. Russ and Jeanne Hayward by Jeanne Hayward

**Monday, June 17:**

6:45 a.m. Father's Day Novena  
 8:30 a.m. Roseann Meier by the OLOH 2018-2019 3rd Grade

**Tuesday, June 18:**

8:30 a.m. Father's Day Novena  
 5:15 p.m. +Irmgard Coover by Paul and Trish Gilmore

**Wednesday, June 19:** *St. Romuald, Abbot*

6:45 a.m. Father's Day Novena  
 8:30 a.m. +Edward Zielinski by Chris Wszolek

**Thursday, June 20:**

8:30 a.m. Father's Day Novena  
 5:15 p.m. +Poor Souls in Purgatory by Patty Rodgers

**Friday, June 21:** *St. Aloysius Gonzaga, Religious*

6:45 a.m. Father's Day Novena  
 8:30 a.m. +Peg Fox by Lee and Eileen Alner

**Saturday, June 22:** *St. Paulinus of Nola, Bishop; St. John Fisher, Bishop, and St. Thomas More, Martyrs*

8:30 a.m. Father's Day Novena  
 5:00 p.m. Nancy Fries by the OLOH 2018-2019 Kindergarten

*To donate altar flowers in memory a loved one or special intention at Mass, please contact the Parish Secretary at (703) 433-6770 or secretary@ourladyofhope.net.*

## PARISH STAFF

**Jackie Regan**

Director of  
 Religious Education  
 jregan@ourladyofhope.net  
 ext. 124

**Lisa Orosa**

Religious Education Assistant  
 lorosa@ourladyofhope.net  
 ext. 129

**Elizabeth Long**

Youth Ministry Assistant  
 elong@ourladyofhope.net  
 ext. 129

**Pat Sabas**

Business Manager  
 psabas@ourladyofhope.net  
 ext. 140

**Alfonso Peña**

Facilities Manager:  
 apena@ourladyofhope.net  
 ext. 131

**Suzanne Yerks**

Director of Music  
 syerks@ourladyofhope.net  
 ext. 134

**Laurie Berstene**

Parish Secretary  
 secretary@ourladyofhope.net  
 ext. 126

## GENERAL PARISH INFORMATION

**What does it mean to be an active Catholic?** Those seeking to celebrate Marriage, have children baptized, or have a letter signed to serve as sponsors for Confirmation or Baptism should be parishioners and active, practicing Catholics. ***To be considered active, one must have been registered in the parish for at least three months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.*** We encourage all parishioners to become active in one of the parish organizations.

In a community as large as Our Lady of Hope, our most effective means of verifying active participation is through the use of parish offertory envelopes or electronic giving, such as Faith Direct. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.

## PREPARING FOR THE SACRAMENTS

**Baptism & Baptism Class:** Baptisms are held on Sundays at 1:30 p.m. The baptism class for parents is held monthly on Saturdays at 11:00 a.m. Please call the Parish Secretary to pre-register for the next available class.

**Sacrament of Matrimony:** In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of three months is required *before* preparation may begin. Couples who are living together will be asked to live separately during the preparation time as living together before marriage is sinful and harmful to the future marriage.

**First Communion: For Children:** Generally, First Communion is received when a child is in second grade. Preparation for First Communion is a two year process, and students must complete both first and second grade classes before receiving Holy Communion. Please contact the Religious Education Office with questions.

**Sacramental Preparation for Adults (RCIA):** Adults who wish to receive Baptism, First Communion, and/or Confirmation are invited to attend the Inquiry Class, taught by Father Saunders on Thursday evenings. Please contact the Parish Secretary or visit the website to register.



# Our Lady of Hope Catholic School



We wish all our families  
a happy and blessed summer!  
Thank you for all your support  
during the 2018-2019 school year.

OurLadyofHopeSchool.net | Educating for Eternity

## THURSDAY NIGHT GATHERINGS AT GMU CCM

Every Thursday in June and July (except July 4) all college students on summer break and graduating high school seniors are invited to the George Mason University Catholic Campus Ministry in Fairfax (4515 Roberts Road) for Summer Gatherings beginning at 6:30 p.m. There will be food and games, and you'll meet other students, discuss how to "keep the faith" in college, and make friends from your own or other colleges who reside in the area. Wear your college gear!

For more information:

Email Kristen Juda at [kjuda@gmu.edu](mailto:kjuda@gmu.edu) or visit our Facebook page (College Summers with GMU CCM).

## HOMESCHOOL CONFERENCE

(703) 433-6770 • [youth@ourladyofhope.net](mailto:youth@ourladyofhope.net)



### Mother Teresa Monday

June 17: Open Gym with our  
Special Needs Neighbors

Meet in the school gym at 5:45 p.m.

### OLOH Youth Group

Tuesdays @ 7:30 p.m.

Every week we start with 30 minutes of just hanging out, followed by a topical presentation and discussion. Stick around after for board games and sports from 9-10 p.m.

**THIS WEEK: THE EUCHARIST**  
**NEXT WEEK: NO YOUTH GROUP**



OLOH\_YouthGroup



@OLOHYouth

## Religious Education

# Registration is Open

Grades K-8 // 2019-2020

Register online at [ourladyofhope.net](http://ourladyofhope.net)  
or in the Religious Ed. Office

# Volunteers Needed

## Is God Calling You to Be a Catechist?

Do you:

- love God and want to know him better?
- love children and enjoy working with them?
- want to share God's love with others?
- want to be good role model for children?
- want to share your faith more and help others grow in faith?
- want to help children develop a relationship with God?

Volunteering with the children of our parish is a rewarding and joyful experience. Contact the Religious Education office to find an opportunity that's right for you!

## ATTENTION CLASS OF 2019

This summer, the Associates of St. John Bosco will be hosting four College Nights throughout the Diocese for graduating high-schoolers headed to college in the fall. All events begin at 7:00 p.m. and go until around 9:00 p.m.

June 19, 2019: St. Mark's, Vienna

July 1, 2019: All Saints, Manassas

July 17, 2019: Basilica of St. Mary, Alexandria

July 24, 2019: St. Mary of the Immaculate Conception, Fredericksburg

Get tips on keeping the faith in college, meet other Catholic college students from George Mason, Mary Washington, UVA, Virginia Tech, William & Mary and more.

It's a wonderful chance to meet other Catholic students from your college and hear their experiences!

Free dinner with registration and the chance to win door prizes! Registration is limited to 50 students per night.

Sign up online at [www.asjb.org](http://www.asjb.org).

# OUR LADY OF HOPE CATHOLIC CHURCH

# POTOMAC FALLS, VIRGINIA

**Prayer List** Please pray for all those who serve our community and country, and all the sick and home-bound members of our parish. Please also pray for vocations and for all the priests in our diocese.



**For those in need of prayer:** Anna Carillo, Mercy Delaney, Catherine Feeney, Kristin Grasson, Roderick Nelson, Joanne Nelson, Dan Nolan, Dan Rabish, Kathy Schmitt, Poppy Sellier, and for those whose suffering is known only to God.

**For those who have died:** Anita Moran-Armamento, Catherine Renken, Rosalie Terry, and for all the Poor Souls in Purgatory.

Visit [ourladyofhope.net/prayer](http://ourladyofhope.net/prayer) or call the Parish Office at 703-433-6770 to add a name to the prayer list.

Get involved in parish life!  
Contact a Group Coordinator today to learn more.

Altar Servers	Jeff Grado	703.477.9177
Altar Society	Alfonso & Janeth Pena	571.375.2650
Area Agency on Aging	Rich Payne	703.887.9765
Birthright	Mary Lynn Linzmeyer	703.431.2247
Boy Scouts	Mark Lavery	202.302.5260
Cub Scouts	Michael McIntosh	703.444.2316
Culture of Life	Fran Black	703.726.1643
CYO Sports	Raynelle Araque	703.404.3442
Empty Nesters/50+	Therese Bracken Donna Bongiovanni	703.444.1977 703.443.6963
Extraordinary Ministers of Holy Communion	Laurie Berstene	703.433.6770
Gift Shop	Sherry Grasson	571.213.4620
Homeschoolers	Heather Ward	571.331.4394
Jr. Legion of Mary	Virginia Rowell	703.629.4168
Knights of Columbus	Ric James	703.380.1115
Ladies of Hope/ENDOW	Marie Kennedy	703.433.0864
Lectors	Paul Gilmore	703.444.2293
Legion of Mary	Deborah Baird	703.430.8554
Moms' Group	Chris Bongiovanni Liz Andersen	917.301.3287 571.269.5193
Parish Service Partnership	Tess Torres	571.278.5736
Ushers	John Grzechowiak	703.444.0023
Fiat Young Adults	Josh Bickl	618.830.2399

## TAKING A ROAD TRIP?

Check out the audio dramas available at [ourladyofhope.formed.org](http://ourladyofhope.formed.org). Create a free personal account in seconds and stream award winning "radio theatre" style dramas such as *Brother Francis: The Barefoot Saint of Assisi* and *The Trials of St. Patrick*. You won't want your trip to end when you're listening to these exciting stories of faith and adventure!

## RETIRED PRIESTS COLLECTION

The collection for the Diocesan Retired Priests was \$6,962.10. Thank you to all who contributed so generously to this collection.

"MY DAUGHTER, I AM LOVE AND MERCY ITSELF."  
~JESUS TO ST. FAUSTINA

Share the good news of God's merciful love and encourage those who may be suffering to find healing and freedom after abortion. Please contact Project Rachel at [info@helpafterabortion.org](mailto:info@helpafterabortion.org) or 888-456-HOPE (4673).

*Are you pregnant? Do you need help?*

Call our toll-free helpline at 866-444-3553 for a confidential needs assessment, or visit [helpforpregnantwomen.org](http://helpforpregnantwomen.org).

## PRO-LIFE ROSARY TEAM

Did you know that the 'no-show' rate can go up by 70% when there are people peacefully praying outside an abortion facility? Please join the prayer team every First Saturday to pray the rosary at 10:30 a.m. at the Falls Church abortion facility. The next First Saturday is on July 6, 2019. The facility is located at 900 S. Washington Street, Falls Church, VA. For inquiries, contact Amy McInerney at (703) 841-3817 or [respectlife@arlingtondiocese.org](mailto:respectlife@arlingtondiocese.org).



### June 16:

### June 17:

Boy Scouts  
6:30 (PH)  
Legion of Mary  
7:00 p.m. (SEAS)  
Fiat Young Adults  
7:30 p.m. (STM)

### June 18:

Jr. Legion of Mary  
3:30 p.m. (STM)  
Youth Group  
7:30 p.m.  
(School Gym)

### June 19:

Choir Rehearsal  
(10:30 Mass)  
7:00 p.m. (STM)

### June 20:

Choir Rehearsal  
(9:00 Mass)  
7:00 p.m. Music Office  
  
Confessions  
7:30 p.m.

### June 21:

Confessions  
9:00 a.m.

PH: Parish Hall  
SEAS: St. Elizabeth Ann Seton Room  
STM: St. Thomas More Room

# FIAT YOUNG ADULTS

JUNE-JULY  
STUDY SERIES

## PSALMS

FOR ALL SEASONS

ST. THOMAS MORE ROOM  
7:30 - 9:00 P.M.

DROP-INS WELCOME!

### UPCOMING EVENTS

JUNE 19  
HAPPY HOUR at  
OLD OX BREWERY  
6:30 p.m.

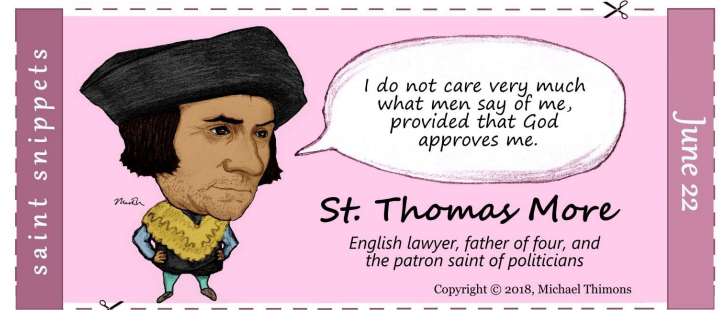
JUNE 29  
SWING DANCING at  
GLEN ECHO PARK  
8:00 p.m. Beginner Lesson  
Dancing 9:00-midnight

Email [youngadults@ourladyofhope](mailto:youngadults@ourladyofhope) to be added to our weekly newsletter

*“Christ himself has invited us to partake in the sacred banquet of the Eucharist. Should not our attire and our reverent actions reflect where we are and who we are in the presence of?” -Leah Darrow*

As the temperatures climb, it is tempting to “dress down” for Mass. Clothing that is best suited for the beach or ball field should not be worn at Mass. Clothing may not make a person, but the care we take in dressing for Mass reflects our respect of ourselves and God.

OLOH is hosting a two-day training clinic with Samantha Kelley of FIERCE Athlete on June 24 & 25. The clinic includes physical and spiritual training for female athletes in grades 7-12. Each day consists of strength & conditioning, agility training, and sport-specific training, in addition to leadership training, talks on spirituality and femininity, small groups, and time for prayer. Samantha Kelley is a former Division I soccer player & UCONN team captain. To register and for more information, visit [fierceathlete.org/clinic](http://fierceathlete.org/clinic).



## HOMESCHOOL CONFERENCE

Whether you are thinking about homeschooling, a veteran homeschool mom or dad, or a parent looking for a retreat-style experience, come and be inspired.

### IHM National Catholic Homeschool Conference

Friday, June 21 & Saturday, June 22

#### Fredericksburg Expo and Conference Center

This free Catholic retreat offers two days of access to engaging speakers, including: best selling author & SiriusXM radio host Hallie Lord, nationally syndicated radio and TV host Dr. Ray Guarendi, Fr. Bjorn Lundberg, Fr. Ken Geraci, Mrs. Mary Ellen Barrett, and others. Attend the Catholic college fair and shop for Catholic curricula, gifts, and more.

Visit [www.ihmconference.org/national](http://www.ihmconference.org/national) for more detailed information including speaker schedule.

## MARQUETTE METHOD NATURAL FAMILY PLANNING CLASS

Thursday, June 27 // 7:00 p.m. // St. Thomas More Room

What is Natural Family Planning (NFP)? What is the Marquette Method? *Is it effective?* In this free class, you will learn about what Natural Family Planning is and why Catholics believe in Natural Family Planning over standard birth control. The specifics of the basic Marquette Method will be discussed so you can start to use it right away at home. The Marquette Method can be used to both avoid and achieve pregnancy, so we welcome couples with either concern! This class is designed for engaged couples, married couples with and without children, and couples struggling to conceive.

**About the presenters:** **Megan Floro, CRNP**, is a parishioner and a nurse practitioner, as well as a Marquette Natural Family Planning educator. **Lorna Cvetkovich, MD, FACOG**, practices at Tepeyac OB/GYN in Fairfax, VA and is a NaPro Technology Medical consultant and natural family planning advocate. To reserve your seat, please visit [ourladyofhope.net/NFP](http://ourladyofhope.net/NFP).

### June 23:

**June 24:**  
Boy Scouts  
6:30 p.m. (PH)  
Legion of Mary  
7:00 p.m. (SEAS)  
Fiat Young Adults: Psalms  
7:30 p.m. (STM)

**June 25:**  
Jr. Legion of Mary  
3:30 p.m. (STM)  
High School Youth Group  
7:30 p.m. (Gym)

**June 26:**  
Ladies Ancient Order of the Hibernians  
6:30 p.m. (SEAS)  
Choir Rehearsal (10:30 Mass)  
7:00 p.m. (STM)

**June 27:**  
Choir Rehearsal (9:00 Mass)  
7:00 p.m. Music Office  
Natural Family Planning Class  
7:00 p.m. (STM)

Confessions  
7:30 p.m.

### June 28:

**June 29:**  
Confessions  
9:00 a.m.

## OUR LADY OF HOPE CATHOLIC CHURCH

POTOMAC FALLS, VIRGINIA

### EMPTY NESTERS & SENIORS (50+)



Are you an empty nester, retiree, or part-timer looking for faith, fellowship, and new friendships?

Please join us for lunch at

**Longhorn Steakhouse (Dulles Town Center)**

**Thursday, June 20 at 11:30 a.m.**

Please RSVP by June 18 to  
**Therese Bracken**

tbracken@gmail.com or 703-444-1977

### PRIME TIME SINGLE CATHOLICS

Prime Time Single Catholics (PTSC) serves single Catholics 40 and over. Enjoy these events with us:

- Every Monday: Golf
- Every Tuesday: Lunch
- June 23: Annual Picnic at Nottoway Park
- June 25: Lunch in Falls Church
- June 29: Spanish Mass at Church of the Nativity dinner in Fairfax Corner (June 30).

RSVP to Tom at ptschnva@gmail.com.

For details, see our website: <http://bit.ly/ptsc>.



This Week at Trinity House Café  
Located in Historic Downtown Leesburg, VA

**Great Conversations Discussion Group**  
Monday, June 17, 11:00 a.m.

**Kids' Story Hour**  
Tuesday, June 18, 9:30 a.m.

**Moms' Morning Happy Hour**  
Thursday, June 20, 9:30 a.m.

**Live Music with Lisa Ann Wright**  
Friday, June 21, 7:00-9:00 p.m.



The Pearly Gates Ice Cream Stand is open for the summer!



Check our calendar for more events coming this summer at [trinityhousecafe.com/events](http://trinityhousecafe.com/events)

\*\* Our events are FREE and FAMILY-FRIENDLY \*\*

Café Hours:

Monday-Thursday: 8:00 a.m.-4:00 p.m.

Friday & Saturday: 8:00 a.m.-9:00 p.m.

Sunday: Day of Rest (Closed)

### PRAYER WARRIORS NEEDED!

Catholic Charities needs people who are committed to praying for at least one hour per week for our brothers and sisters living in the confines of jail or prison, those suffering from drug or alcohol addictions, those experiencing success with recovery and our returning citizens who have been recently released from prison, the families of those struggling, and those who work with the addicted and incarcerated.

Prayer warriors have a heart for God, a heart for prayer, a heart for people, and a heart for Christ's church. To sign up, email [HopeNotOpioids@ccda.net](mailto:HopeNotOpioids@ccda.net), put "Prayer Warrior" in the subject line, and include your name in the body of the email.

## BEREAVEMENT SUPPORT GROUPS

*confidential compassionate non-judgmental*

Third Tuesdays from 6:00 - 7:30 p.m.  
Sunrise at Reston Town Center  
1778 Fountain Drive, Reston

Third Thursdays from 6:00 - 7:30 p.m.  
Potomac Falls Health & Rehab Center  
46531 Harry Byrd Highway, Sterling

Email [lschwebius@medteam.com](mailto:lschwebius@medteam.com) or call 703-390-2318 for more information

### BINGO BENEFIT

Help Stamp Out Alzheimer's!

Bingo Benefit at  
Waltonwood Ashburn

Saturday, June 29th  
9:30 a.m. - 2:00 p.m.

Join Waltonwood in the Magnolia dining room to raise money to help end Alzheimer's. Doors open at 9:30 a.m. and play begins at 10:15 p.m.

\$5/card. Proceeds benefit the Alzheimer's Association.

Open to players of all ages.  
RSVP to 571-918-4854.

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**Anna V. Abel, D.D.S.**  
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 Potomac Falls, VA 20165  
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 www.potomacfallsdentist.com

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 by Deanna Light & Paul Tate  
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Perceptive Reflections on God's Beauty  
**Defining Beauty**  
 Danielle Rose

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