

## I. INTRODUCTION: THESE THINGS MATTER

### II. A TOUR OF THE SPIRITUAL EXERCISES

A. Goals and Means (the aims and the things that will accomplish them) and Obstacles to them

#### B. The Four Weeks Broken Down

Week 1 -

Week 2 -

Week 3 -

Week 4 -

Theme, Knowledge, Desire, Hatred, Contemplation, Meditation, Tasks, Tools

### III. WHY YOU NEED THIS

1. Self-delusion is easy

2. Jesus is calling you

3. In prayer, strength for the race and the battle

### IV. CONTENT OF THE THIRD WEEK: THE PASSION

A. John 13:21-35 Last Supper

B. Luke 22:39-46 Gethsemane

C. Luke 22:14-20 Eucharist

D. Mark 15:33-39 Crucifixion

E. Luke 23:50-56 The Day of Silence