

Do you want to be a Saint?

Have you fallen into thinking that you're simply the way you are and cannot change?

Do you think that discipline, fasting, personal holiness that shines through the troubles of daily life are for those Saints "out there" like JP II or Padre Pio or Mother Theresa?

Does "contemplative prayer" automatically mean "Dark Night of the Soul" and St John of the Cross kinds of things? Is "meditation" just for those yoga Buddhist people?

Do you think of mysticism solely in terms of a life of pain like those Saints who were the starving nuns and stigmatists?

Can God really speak to you directly without thinking that you are claiming some kind of false visions?

Do you wish that God would make Himself more apparent and personal in your life and be "Daddy" for you?

Do you want God's will above all else? Do you know how to make that concrete, coming alive in day-to-day actions? What does "God's will" even mean to you?

What do the activity of your mind and prayer have in common? Can "thinking" or "imagining" be prayer?

Does prayer really matter? Isn't the Mass, Rosary and Confession enough to be friends with God?

Does it sound absurd to make a plan for holiness in your life? That is, do you think you could write out the things that you need to do in order to become holy?

Do you know what real, true charity looks like in your life? Is simply speaking the truth about social issues enough? How strong is your family? How well do you treat coworkers? How much do you see and assume the best in other people? How much of a testimony do you give to the benefits of knowing and loving God?

To say that "charity" is defined by the Church as "friendship," does that sound crazy?

Are you stuck on repentance without real improvement? Or on the other hand, do you fail to really feel sorry for what you have done wrong?

Does prayer have immediate, satisfying and specific effects in your life?